



Can Color Really Change How You Feel? 2



Living The Good Life: Handling The Job Offer 3



Wabi Sabi: Everything Old Is New Again 7



Toe-Tapping Times 10



Creating Your Own Astrological Sign 16

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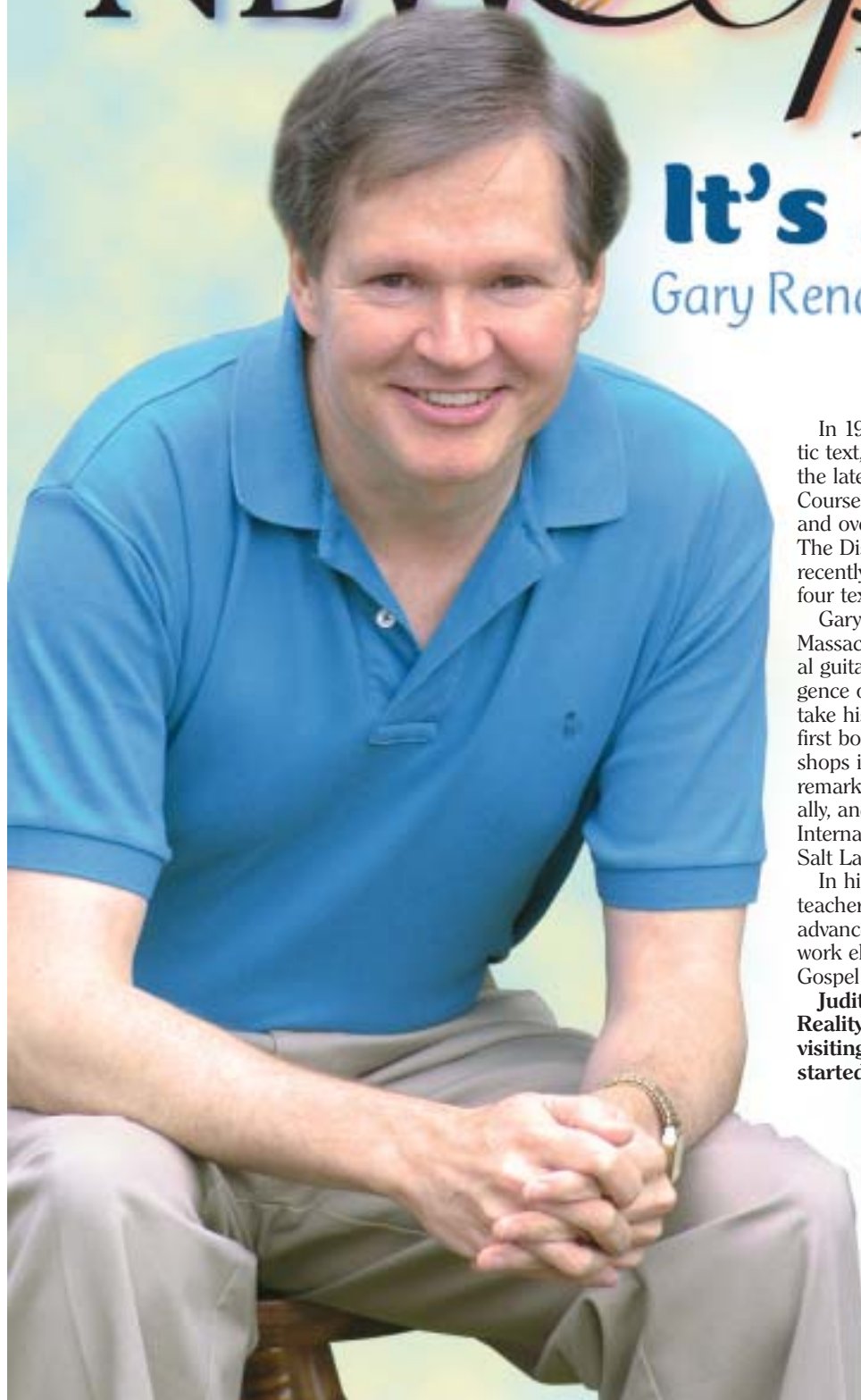
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Helping You Create Abundance In Your Relationships, Finances, Health, Career, and Spiritual Life

It's All In Your Mind

Gary Renard shares ideas from A Course in Miracles



by Judith Campanaro

In 1945, the Gospel of Thomas, an ancient gnostic text, was rediscovered in the Egyptian desert. In the late 1960s, Helen Schucman channeled A Course in Miracles. At the beginning of the 1990s and over a period of nine years, Gary Renard wrote The Disappearance of the Universe, and more recently Your Immortal Reality. So what do these four texts have in common? Read on.

Gary Renard was born on the North Shore of Massachusetts. He became a successful professional guitar player, but during the harmonic convergence of 1987, he heard a calling and began to take his life in a different direction. After writing his first book, Gary began to present talks and workshops in public. His speaking career took off remarkably fast, and today he lectures internationally, and was the keynote speaker at the International A Course in Miracles Conferences in Salt Lake City and San Francisco."

In his books, Renard and his ascended master teachers, Arten and Pursah, show how to integrate advanced spiritual principles into everyday life. The work elaborates on the teachings of both The Gospel of Thomas and A Course in Miracles.

Judith: When I read the book, Your Immortal Reality, I was intrigued with these two people visiting you. Can you tell me how it first started?

Gary: I was meditating in my living room one day at the end of 1992, and I came out of my meditation and looked at my living room couch. There were two people sitting there: a beautiful, wonderful, exquisite-looking woman and some guy. I didn't care too much about him! They started talking to me and that was the beginning of our conversations.

I want to stress that these two people had bodies and they looked just as real as any other people that I've ever seen. They didn't appear as spirit beings; they

appeared to me as people that I could touch.

Looking back on it, I know that the reason that they appeared to me as people was because they wanted our conversations to be human. They didn't want the conversations to be removed from our experience because a lot of the spiritual teachings we get nowadays are channeled; they seem to come from somewhere above.

The conversations I had with Arten and Pursah are very clear. They were very blunt; right in my face. They were just so clear that I couldn't escape from what they were trying to teach me. As a result, their teachings have also been very clear to others and have really helped people to understand what I would call fairly advanced spiritual principles.

Judith: Were you fearful when you saw them for the first time? It isn't everyday that we have people just appearing out of nowhere on our living room couches!

Gary: If you could have seen the look on their faces, heard the tone in their voices. They were very peaceful, and that made me peaceful also. I'm sure before they even appeared they knew I was ready to listen. I always wanted to know what it was really like to be with Jesus two thousand years ago. These two, as it turned out, were with Jesus two thousand years ago.

The important thing is that they were able to tell me secrets of spirituality and great mysteries that we were not aware of in such a clear manner, that it has been a great teaching tool not just for me but for others.

Judith: One of the things that stood out for me when I read Your Immortal Reality was that forgiveness is not what we usually think of. That when we forgive others we actually forgive ourselves because everything in our lives is a manifestation of what we are thinking.

Gary: I would call this a projection coming from our own unconscious mind. The reason that is

Continued on Page 4

Thank you, Dr. Bastyr

by Arielle M. Huff

Dr. John Bastyr, for whom Bastyr University is named, was seen as a pioneer and promoter in the field of natural medicine, even during times when naturopathy was drawing fire from the allopathic community. His commitment to science-based natu-

ral medicine, stemming from his roots in pharmacy, continued throughout his career as he spent a great amount of energy researching medical literature and applying the latest findings to naturopathic principles. He also spent time verifying his results with laboratory studies.

In 1978, Drs. Les Griffith, Bill Mitchell, and

Joe Pizzorno, along with Sheila Quinn, decided to found a college. When the time came to name the college, there was no argument. The four unanimously proposed to name it after their beloved teacher and noted naturopathic physician, Dr. John Bastyr.

John Bastyr was my doctor for 23 years. When I say that, everyone wants to hear what it was like to know him, to be treated by him, just to be around him. And, I want them to know all of this and more, because I want all of you to be treated the way Dr. B.

showed me I should be treated.

His office was not large, but it was always full. Unlike other such places where waiting patients fidget or check watches, most sat quietly, seeming lost in thought or meditation. The office smelled and felt "healthy." People frequently waited hours after appointment time had come and gone, while some emergent situation was addressed. When people spoke to each other, it was in calm, hushed voices and conversations among

Continued on Page 9