

# This Just In From The Ethers: Can There Be A 13th Chakra?

By Cyndi Dale

Chakras are such influential energetic vehicles that I often ascribe them magical powers. Experiencing financial woes? Peer into the crystal ball of your first chakra, the splashy red energy in your hip area. Fix it and in comes prosperity. Stuck for words? Pull the ripcord in your fifth or throat chakra and your friends will be begging you to stop chatting. All of life is wrapped inside these swirling balls of light, which is one of the reasons I've written nine books about them.

I'm frequently asked why I work with a 12-chakra system rather than the seven-chakra set frequented by Western metaphysicians. I've lots of answers. The "normal" seven chakras are body-based, but we're much bigger than our bodies. Unfortunately, Western limitations have restricted our perception of reality, as well as super-reality. We simply haven't been trained to see what's in front of our faces, much less what lies behind or atop. There are five outer realm chakras, many of which are perceived by other Eastern and South American energetic systems. I like working with these because they offer incredible, super nova opportunities for healing and manifest-

ing. At any rate, "my" 12-chakra system has become more than acceptable; it's also aided thousands in renewing or transforming their lives.

Just when I thought I could settle back and enjoy the ride, however, a new chakra "fell from the sky." The "13th chakra," I've non-imaginatively labeled it.

I'm working on a new book about this 13th chakra to herald its amazing properties. After all, what else does an author do but continually zap ideas into text? But I'd like to introduce you to it now, as it's been shaping my personal and professional life in immeasurably positive ways and I'd like you to experience the same benefits.

So what's the 13th chakra and why is it important?

Imagine that once upon a time you were part of the oneness that we call God, the creation, Allah, the great spirit, Gaia, the source... each name a reflection of the many indescribable qualities of the divine; each label incomprehensible, except through the heart. Then, adventure time. You sallied forth, intent on delivering a unique spiritual message to the world.

Perhaps you carried the



Cyndi Dale says that once the 13th chakra is embedded in our hearts, it provides an actual home for the divine within our own bodies.

torch of love, artistry, or healing; perhaps you're here to deliver serenity, courage, or truth. Whatever your particular mission or gifts, the divine knew that the journey wasn't going to be altogether smooth, in fact, it was going to be more like being tossed around in a rock tumbler than enjoying a gentle polishing. Like all good parents, the divine planned ahead.

While I'd never boast to understand God, I am a parent. That lends me credibility to assess what the divine as super-parent might have been going through. Here I am dropping my five-year-old off at kindergarten and I know full well that this is only the start of something really hard. Think those

other kids are always going to play by the rules? Be nice on the playground? Nope. Inevitably there will be spilled swings and spitballs and cliques and that fateful day when your kid wears the uncool shoes and is totally ostracized. There will be "Fs" and sports teams not made and then there's junior high and we don't even want to go there.

What parent wouldn't want to keep his or her child at home, at the hearth, close to one's heart? And yet, there you are, packing lunch and sending junior to school.

What did the divine do but sneak in a fall back, a chakra made of its own heart to keep track of us, lend support, serve as a communication lifeline, and connect us to all other beings. The divine anchored it in our heart but hid it in heaven, keeping it attached to us through an energetic link. Why keep it secreted? Wouldn't an omniscient parent predict the teen years? Why take a chance we'd rip out the connection? And then the Divine inserted a "buzzer" that would trip this chakra on when it was most needed.

Personally and collectively, the 13th chakra is needed n-o-w.

The earth is entering its most vital evolutionary stage. We – the four-leggeds, three-leggeds, winged, visible, and invisible – are being summoned to participate. We've each been issued an invitation to love.

We've no choice but to accept this directive to love, that is, if we are to survive. Starvation, abuse, violence, war, despair, and cruelty are at an all-time high. We're one decision away from nuclear destruction, but a billion away from securing peace. Great darkness can only be transformed by tremendous light. Our individual 13th chakras, actually constructed out of the divine's heart, have switched on to provide us this heavenly light.

Through my work, I've been helping people draw their personal 13th chakras into their hearts. Once embedded, this chakra provides an actual home for the divine within our own bodies. How can we not change? How can we not make better decisions, attune intuitively, activate our destiny, heal old patterns,

become more compassionate, and understand what it means to be unified with others? The only secret to employing this divine linkage is to embrace the truth of being undeniably irrefutably completely lovable. That's a small price to pay for personal and world peace.

I've found that intention isn't enough to fully access this key-code to divine consciousness. It takes a decision; the decision to be enveloped by love and, in turn, to invite love into the heart. We make decisions every day, including, for some of us, the determination to send our kids to school and then pick them up with a smile on our face. Ultimately, your 13th chakra is the space of God's smile, and an invitation to smile back.

*Cyndi Dale is the author of nine books, including the international bestsellers, "The Subtle Body" and "The Complete Book of Chakra Healing." She is enfolded teachings about the 13th chakra in her upcoming classes at East West Bookshop in Seattle. (206) 523-3726.*

## Move Beyond Intention

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the universe specifically has in mind for you."

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*Christine Upchurch, M.S. is a Reconnective Healing Instructor, one of three people chosen by Dr. Eric Pearl to teach Reconnective Healing, and has helped train thousands of practitioners worldwide. She is the founder and director of the Northwest Reconnective Healing Center in the Seattle area. Christine will be presenting at East West Bookshop on Saturday, Oct. 10 at 7 p.m. She is teaching practitioner seminars in Vancouver, B.C. beginning Oct. 24. To learn more, visit [www.CUHealing.com](http://www.CUHealing.com) and [www.TheReconnection.com](http://www.TheReconnection.com) or call Christine at (425) 999-9836.*

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