

Books

Continued from Page 19

magic.

The people he meets include a charismatic billionaire, a smooth talking golf pro, and a beautiful topless waitress. He does end up manifesting a lot of money and then has to face whether he can keep it as well as keeping his family.

The author lives in Australia where he founded the Living from Greatness program. He coaches his clients that "no one should settle for anything less than a magical life." In this book he certainly gives some great tools that anyone can apply to their lives. It wouldn't surprise me if this is made into a movie; it has all the elements of a successful one.

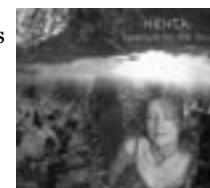
Laserium
for the Soul
Music CD
by Henta

This music is called "sonic nurturing for your inner garden" and I certainly feel nurtured when listening to it. The music is designed to work with balancing and supporting the main chakras. Henta has worked in the vowel sounds and musical keys for each chakra to help activate their vibration.

Henta is a singer/songwriter and has been writing songs for about 30 years. Although classically trained on piano, she progressed to keyboards ranging from a Yamaha SY55 to a Roland XP-80. She now has a home studio set up in Seattle and uses Cubase SX3/Cubase 4 with mostly virtual instruments for her recordings, as well as using Ableton LIVE for performances.

"Laserium for the Soul" is one of those CDs you can meditate to, play in the background while being creative, or even enjoy while driving your car. The music is very adaptable. Sometimes it feels very energizing while at others it is relaxing and trancelike. The sounds range from electronic to vocal and sometimes it is very difficult to actually name what sound is being produced; this is part of the magic of the album.

If you're looking for something a little different that will make you feel good, give this CD a try. If you can't find it at your local store, go to www.henta.co.uk.



EVENTS

OCTOBER

HOPE IS IN OUR MIDST!

Maitreya, the World Teacher, is here to point the way to sharing, justice, peace for all people. FREE FILM Documentary with Discussion every Saturday in October at various Seattle locations: for dates and times please visit: www.sharing4peace.org, or call 800-463-6993.

SUNDAY, OCTOBER 18, 11-5

HEALING HEARTS FAIR at Bothell Country Village.

www.LiftYourSpiritsinSnohomish.com
For more information

SUNDAY, OCT 18, 1-4 PM

SUBTLE ENERGY AND ACCELERATED PLANETARY TRANSFORMATION with author, Elizabeth Frediani, East West Bookshop, Seattle. Register by phone: (206) 523-3726; 800-587-6002 Further info at: www.eastwestbookshop.com/events/single_event.php?ID=950 or email Elizabeth@elizabethfrediani.com

SUNDAY, OCTOBER 25 4:30 - 6PM
FEELING DOWN? LIFT YOUR SPIRITS with a Chakra Reading Workshop. \$40 includes Our Energy Matters and a set of 21 crystals. To Register Call Dena Marie, 425-350-5448

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SUNDAY, NOVEMBER 18, 11-5

BOTHELL HEALING HEARTS FAIR

Free entrance and speakers, Intuitive Readers and Alternative Healing Techniques, Country Village - Court Yard Hall, 23718 7th Ave SE, Bothell, 98021 www.LiftYourSpiritsinSnohomish.com 425-350-5448.

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Adam Dreamhealer

at BASTYR UNIVERSITY

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