

Heaven Horoscopes For Real People On Earth

by Amy Herring



The way newspaper horoscopes are calculated is a lot more "one size fits all" than a reading of personal birth chart, but they can be worth reading! To use these horoscopes effectively, consider the horoscope for your rising sign in addition to your sun sign.

Aries

George Burns said: "Happiness is having a large, loving, caring, close-knit family... in another city." It's apparent that our early life experiences shape our adult foundation, and this month you are being invited to contemplate what your life is built on. Whether or not your family is around a Thanksgiving dinner table, you'll find them present in your life now as you ask yourself some deep questions.

Taurus

It's been said that success depends on your backbone, not your wishbone. A clear vision is a place to start, but rolling up your sleeves is really what it's all about this month. Don't allow yourself to become caught up and distracted; focus on the plan and engage that famous tenacity to get you to your goal.

Gemini

Thomas Edison said "Genius is one percent inspiration and 99% perspiration." You've got both on your side this month as creativity starts to flow again. Do the work and trust your unique way of seeing things. Let your passion coupled with your natural ability to engage others shine out (humbly, of course), and you may find others working alongside you.

Cancer

"This too shall pass." You are still in the middle of the never-ending flow of work but take this month's new moon on November 9 to step back and tune-in again to the larger purpose. The daily grind is compelling as it beckons you to do more and more, but if you can keep in touch with the reason you do it, you will always have meaning to keep you going.

Leo

Lisa Alther said, "That's the risk you take if you change: that people you've been involved with won't like the new you. But other people who do will come along." You've been engaged in deep growth to your character this summer and this month those roots of change sprout tendrils above the surface. If you're still fighting people's outdated expectations of you just be authentic and the people that matter will catch on.

Virgo

All great accomplishments start with just an idea, then vision and passion carry it forward. If you're having a hard time making something happen, revisit the idea and recapture the passion for the idea that inspired you in the first place. The beginning of the month brings a chance for a fresh start. Use it, and share your ideas to get yourself and others excited.

Libra

Aneurin Bevan said, "We know what happens to people who stay in the middle of the road. They get run over." Much of the Libran lesson is compromise and impartiality. But this month's lesson is about the fire of one, not getting caught up in the diluted process of fairness and diplomacy. Have the courage to move forward, even if you have to gently push others out of your way.

Scorpio

If you find yourself at odds with others this month, consider what's truly at the heart of the clash. Power struggles may erupt and get you nowhere if it's you against the majority, but consider what your end goal is. It's not just about who wins, but what you want to get done. Don't compromise the essence of your principles, but don't waste time nitpicking the details.

Sagittarius

The symbol for Sagittarius is the archer with bow drawn. It's easy to think that the archer is the most important part, but it's really the arrow. As the Sun enters your sign toward the end of the month, a sense of anticipation is growing. The wheel of your life is turning. Don't be afraid to fly from the bow into your next adventure as this month closes.

Capricorn

You often find yourself naturally fulfilling the role of the "voice of reason," which is sometimes too close a downhill slide into the voice of cynicism. This month may be no exception, but let reason mingle with inspiration, belief, and possibility. Leadership is just as much guiding others as it is inspiring them and then getting out of their way.

Aquarius

Confidence in your goal paired with hard work will surely get you far, but the end of November may bring an epiphany unlooked for. If you find yourself getting distracted, do an honest assessment to see if you still want the same goals you always have. With growth brings change. Don't be afraid to change your direction if your vision has changed.

Pisces

Blaise Pascal said, "We know the truth, not only by the reason, but also by the heart." This month you are being asked to sift through your rule book of truth and see if it really stands up to the truths that your heart is tapping into now. Beware of letting your ego get over-invested in being right. An honest talk with a trusted friend can help you sift through any confusion to get to the heart of what you believe.

Carl Jung said, "I'd rather be whole than good." Amy uses astrology to help people become whole. She has been studying, teaching, and reading for clients as a counseling astrologer and intuitive for over a decade. See her website at www.heavenlytruth.com.

Everyday Spirituality

by Colleen Foye Bollen



Luck Versus Attitude

Everyday Spirituality

For years I believed a canyon-wide schism existed between luck and misfortune. But I've changed my mind.

The subject of luck came up after a crazy two-day, 125-mile excursion my two kids and I took from Seattle to Vancouver, Canada. Our mission was to scope out kids' activities for a travel book editor.

While we were heading north on Interstate 5, it began raining. Not a typical Seattle drizzle. This was a windshield-wipers-on-high-and-I-still-can't-see-the-road downpour. Forty-eight hours later, when all hope of completing our assignment washed away with the non-stop rain, we treated ourselves to a trip to Science World British Columbia.

After hours of gloriously dry entertainment, we sprinted back to our car through a torrential rainstorm. There we found a smashed window and missing suitcases. Soaked to the skin, I stood in the rain and realized we were lucky. If we'd stumbled onto the scene while the burglary was in progress, the outcome could have been deadly. Besides, our monetary losses were minor.

Did my kids and I bemoan our bad luck? No. Driving home we joked about thieves who risked a jail sentence for a bunch of dirty clothes and snickered, "They were the ones with the bad luck."

Of course, our situation only involved the loss of physical possessions and the repair of a car window. The question of luck becomes more complicated when life and death issues are at stake.

While at her doctor's office, my sister-in-law, PJ, noticed numerous signs touting the importance of regular mammograms. Even though she wasn't scheduled to endure the torturous breast clamp for another year, she had one done. The result was the discovery of cancer in one breast.

"Your guardian angel must have been watching over you," I told PJ. "I've never heard of anyone volunteering for an extra mammogram."

But, if PJ was lucky, where was that angel while the cancer was taking root? Was it luck to find the cancer while it was still treatable? Or unlucky to face months of chemotherapy and radiation?

PJ's story grows more complicated when her son Ryan's ordeal gets thrown into the mix. Days before PJ's scheduled mastectomy, her sister, Tan, flew from New York to California to

help. The morning after her arrival, Ryan burst from his bedroom holding his neck and crying. Tan, a registered nurse, immediately suspected meningitis.

Were Ryan and his family lucky Tan was in town? Or unlucky that a few days later, PJ was on the eighth floor of a hospital recovering from a partial mastectomy while Ryan was on the sixth floor of the same hospital awaiting test results, which finally concluded he had viral meningitis, not the deadly bacterial meningitis.

Pondering PJ and Ryan's plight, I reflected on the issue of good luck versus bad luck. The more I dwelt on the question, the more I realized those words are just labels. The critical issue is how one responds to life's events. Everyone living on this giant blue-green marble experiences good times and a splattering of hellish times during their lives. Crossed fingers and rabbit foot charms can't change those facts.

Our power lies not with luck, but with how we react to life's changing circumstances. For me, that means attitude. Every situation can be viewed from a variety of perspectives. My kids and I could have arrived home raging mad. But, by laughing at the thieves who stole our smelly socks, we pulled into the driveway smiling, with a story we enjoy retelling.

Recently, I heard a saying that sums up the change in my philosophy, "Attitude is more important than fact." Ryan came down with viral meningitis. That is a fact. But he recovered within a week and is now back shooting paintballs at his older brother. PJ faced months of cancer treatments. But she remained optimistic about her future and thankful for her excellent medical care. She could not control the winds of fate, but she trimmed her sails with a positive attitude.

All of this has led me to the inescapable conclusion that Martha Washington was right, "The greatest part of our happiness depends on our dispositions, not our circumstances."

Colleen Foye Bollen is a Jin Shin Jyutsu practitioner, reiki master and dound healer. She provides a safe, healing environment where her clients experience deep levels of relaxation and revitalization. Colleen works at her healing arts studio, in hospitals, and using distant healing. For an appointment call (206) 367-0491 or email colleen@flowingstillness.com. Visit www.flowingsstillness.com for more information.



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