

# Abundance: More than Money

By Cathleen L. Balfour

When we think of abundance from a place of spiritual consciousness we become aware that abundance is more than money, then we can begin to see abundance all around us.

If we see the energy of our richness is in terms of peace, joy, harmony, inner guidance, an awareness of and connection to spirit, higher self, and the universal source, we cannot help but open ourselves up to the universal flow of infinite creation and we begin to create in all areas of our lives. In this moment there is an innate power within you to manifest anything your heart desires.

So, how does one create

spiritual abundance?

Whether you choose spiritual enlightenment, living your divine purpose, an abundant financial situation, a physical or mental healing, creating healthy relationships, the ideal career, deep in the center of your being, you have the power to manifest all you need to live a life of prosperity, success, and happiness.

Manifesting any desired outcome happens when we are truly imagining and feeling that we are already experiencing/living what we want, while being open to allowing the universe to create it for us in the perfect moment. Instead of striving to be peaceful, joy filled or balanced, the key to manifesting is staying connected to the feelings and beliefs as if your desired outcome has already been actualized.

Each time you connect and set your intention you will attune your intentions

to the higher vibrational frequency that will help you experience true spiritual abundance. The higher you rise in frequency, the closer to source you are vibrationally, and the more you experience divine knowingness and true power of source. Your frequency is correlated with the amount of life force you have flowing freely through you. Maintaining alignment with the universal source and connecting to that flow of life force is vital to experiencing the sublime realm of higher frequency to attracting your dreams into your reality faster and easier than you can imagine.

When we trust our inner knowing and our own instincts we create from a feeling of true clarity, from source. As we begin on our inner journey of creating from spiritual consciousness we can project out into the world what we want to create. Money, like every-

thing, consists of energy as does every thought, intention or vibration. The energy projected out into the world is exactly what we will receive. By setting our intention each moment of each day, we bring ourselves closer to our desires.

We don't worry about how our dreams will manifest into creation. We relax and let go and allow the universe to fulfill our dreams. Life becomes easier and more abundance flows into our life. With each positive choice we make we begin to create from a more loving and peaceful place within, until one day, we realize we have created a life of joy and abundance.

*Cathleen L. Balfour is a published writer, a holistic health practitioner, spiritual teacher and sacred site guide. Visit [www.CathleenLBalfour.com](http://www.CathleenLBalfour.com) for more information.*

## Daily affirmations

I affirm: I honor all things, especially myself as being sacred. I wholeheartedly trust. I create an abundant life.

I affirm: I choose to live only in this moment. The past is gone and the future lies before me. I am filled with gratitude for receiving that which is divinely provided for me.

I affirm: I now choose to manifest all I desire by truly imagining and feeling that I am already experiencing all that I want.

I affirm: I am open and receptive to allowing the universe to create it for me in the perfect moment. I am open and trusting. All I desire though love and light is being manifested right now.

I affirm: I attract abundance into my daily life and trust that a higher power is creating for me now. Deep in the core of my being, I have the power to create all that I desire.

I affirm: I can become anything and I am confident all my needs are provided. The more gifts I receive the more I can share with others. All I need is within me.

I affirm: I am a perfect creation of spirit and I am guided by the abundant universe. I am completely and unconditionally loved. I have more than enough, for the divine supply is infinite. There is no limit to the abundance I can create. All is well in my world.

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## The Wisdom of The Crones

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"At about 9:30 p.m., I received a phone call. A real estate developer needed a set of building plans by Monday as the one working on the project had had an accident. The man brought the work that night. By Sunday evening, it was done. He came, paid me, and I was able to pay my rent.

"The miracle that came from this encounter was that the developer never knew how he even got my name and number. Yet through prayer, somehow he connected with me.

"This was an unforgettable touchstone moment for me," Lori said. "I still ran into financial difficulties after this event. But when I remember it, I trust that the universe can do it again."

"I can top this story," Libby said, laughing. "A lady I had done a chart for called and said, 'Libby, I've got to see you again. I consulted you eight years ago and three nights in a row I saw your ad in a dream while I was on vacation. I told my friends, 'I've got to see this woman.' My friends asked me: 'How much does it cost to pay her?' And I said, 'I don't care, I've got a message in my dream, and I'm going.'"

"I don't think I am running this show," Libby said a glimmer in her eyes. "You can relax and do more when you realize, 'Of myself I can do nothing.'"

"Oh, yes," Nancy said.

"I forget sometimes and I'm so busy trying to figure it out," Lori said. "At times, when I can't figure things out, I say, 'I give up, God. I'm going to watch a movie.' And then it works. And I let go. Isn't it nice to have somebody else at the wheel?"

"It's scary at times," Libby said. "But I've never felt I have to know the outcome of what I'm going to do. I left Seattle with \$300 to attend graduate school at Cornell University. And then one thing led to the other and I got my Ph.D. in Slavic Languages and Literature from Charles University in Prague.

"I met Carol Parrish, Dean of Sancta Sophia Seminary in Oklahoma, on a boat in Russia and began attending the seminary. Last year I taught there in the graduate school. Carol used to say we need to learn to think with the heart and feel with the mind," Libby said.

"The message I've been trying to get out these days when everybody is worried about their condos, their cars, and all the material things boils down to this," Libby said. "Life is not about money. The theme of the Aquarian Age is people."

It was sunny on the day and at the café where the three friends reconnected. There was no rain or snow that day, when it had been pouring or snowing for several days in a row. The three wise women exchanged

birthday cards for Lori and Nancy.

Libby had to attend a rehearsal that afternoon. Nancy was getting ready for her grandson's wedding. Lori was going to speak in West Seattle that evening. And so the wise women went their own ways, hoping that they will meet again soon, maybe in August to celebrate Libby's 87th birthday.

When asked for closing remarks from the wise women to the younger generation, here is what they shared.

From Libby Kresky: "Base your decisions on what feels right to you, not on 'shoulds'."

Nancy Macdonald: "We are each a link in each other's chain."

Lori Aletha: "Be flexible. When your choice didn't take you where you wanted to go or didn't give you your results, it's okay to choose again."

*Libby Kresky, Ph.D., can be reached at (206) 201-3125 for astrological readings and past life regressions.*

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