

EVENTS

MARCH 5, APRIL 2, & MAY 7 – WEDNESDAYS, 3:30-5:30 P.M.
Tracing the Life of the Soul® Be surprised! In an inspiring atmosphere, adventure inward - to newly reflect your life's journey! Experience a simple, fun, profound art technique based on tracing your own facing silhouettes... see what magic happens! With Jennifer Wagner, M.A., artist for evolution, student of Jungian psychology, who discovered this technique. Free, Columbia Branch, Seattle Library, 4721 Rainier Avenue South / 206-440-8742, www.TracingFaces.net These events are not sponsored by The Seattle Public Library.

MARCH 11, 7-8:30 P.M.
FREE PRESENTATION/BOOK SIGNING. Join Jennifer Martin author of *More Love, More Joy!* at East West. visit www.MoreLoveMoreJoy.com

MARCH 12, APRIL 16, MAY 14 – WEDNESDAYS, 6:00-7:30 P.M.
Tracing the Life of the Soul® See March 5 for description. Free, Broadview Branch, Seattle Library, 12755 Greenwood Ave. N.

MARCH 15, 1-6 P.M., GATES OF CONSCIOUSNESS
In Support of Enlightenment with holy woman, Elle Re. For a startlingly Lucid awareness, a change point is required. What greater support than from an awakened one. Planet Earth Yoga (Seattle), \$50. 541-387-5554. www.INEL-RE.org

SATURDAY MARCH 15, 9 A.M. - 2 P.M. CHOOSE HEALTH! COMMUNITY WELLNESS FAIR. Free. Health care practitioners throughout the Skagit Valley will gather in the upstairs halls of the Co-op Building to offer information on a full spectrum of healing modalities and supportive ways to increase well-being. 30 area practitioners, half hour presentations in Co-op Room 309, and plenty of samples and live music throughout the store. Skagit Valley Food Co-op, 202 S. 1st Street, Mount Vernon, WA.

MARCH 19, APRIL 23, MAY 21 – WEDNESDAYS, 2:00-4:00 P.M.
Tracing the Life of the Soul® See March 5 for description. Free, Capitol Hill Branch, Seattle Library, 425 Harvard Ave East.

MARCH 22, 10 A.M. TO 4 P.M. SUCCEED IN YOUR SMALL BUSINESS WHILE MANIFESTING YOUR DESTINY with Krysta Gibson, publisher of New Spirit Journal. This is a hands-on workshop covering everything from establishing your vision to having a marketing plan. Based on over 30 years experience in the business and metaphysical worlds. You can combine business success and your spiritual journey: learn how! The Whole Life Center, Federal Way. Call Michelle at 253-804-5530.

EVENTS

APRIL 19, 9:30 TO 4:30 SUCCEED IN YOUR SMALL BUSINESS WHILE MANIFESTING YOUR DESTINY with Krysta Gibson, publisher of New Spirit Journal. This is a hands-on workshop covering everything from establishing your vision to having a marketing plan. Based on over 30 years experience in the business and metaphysical worlds. You can combine business success and your spiritual journey: learn how! \$95 includes course materials. Everett Community College Continuing Education. Call 425-267-0150 to register.

ONGOING

FREE SAHAJ MARG MEDITATION for human perfection through yogic transmission. Ph (206) 522-2502

SPIRITUAL HEALING CLINIC, FREE. Observe, receive, practice. All energy healing methods. First Sunday. Kirkland, WA. "Amplifying Divine Light in All" Church, (425) 466-4001.

BLUEBIRD OF HAPPINESS CLUBS www.bluebirdofhappiness.org. Four sessions per month at Redmond, Lynnwood, Alderwood, and Federal Way. Call Norma at (425) 379-6101 for more info.

REIKI SHARE, FREE. Third Fridays, Wallingford. For information, call (206) 545-2842.

MORE LOVE, MORE JOY! Learn how to find or create the most balanced and enjoyable relationships imaginable! Workshops beginning soon throughout Seattle Metro, Port Townsend, and Bellingham. Tuition starts at only \$59. To learn more visit www.MoreLoveMoreJoy.com or call 1-800-936-0036.

FREE AND OPEN to the public: Introductory 90-minute lecture on Transcendental Meditation. Hear about the cardiovascular, longevity, and brain research on this effortless technique. Pre-registration is required. (253) 383-8833 or e-mail ginicostanza@verizon.net.

FREE REIKI CIRCLE & MINI-SESSIONS. Reiki Circle 2nd Sunday every month, open to all, 6:30 pm, Northwest Reiki Center, 4205 148th Ave. NE, Bellevue. Reiki Level I and II classes offered monthly. Experience traditional Usui Reiki with a Free Mini-Session at Stonehouse Bookstore in Kirkland, 2nd and 4th Thursdays every month, 12 Noon to 2:00 pm. Call (206) 919-5553 or visit www.nwreikicenter.org

WWW.INTENDERS.COM CIRCLE. Free, powerful, effective manifesting support group. First and third Thursday evenings. Kirkland, WA. "Amplifying Divine Light in All" Church, (425) 466-4001.

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RETREATS AND TRAVEL

EASTER RETREAT, MARCH 18 - 23, "THE YESHUA LIGHT." Angelic mystery teachings of Jesus. Led by awakened mystic, Elle Re. "Profound!" At the HeartGate Sanctuary and retreat center in Hood River, Oregon. 866-630-Love. www.INEL-RE.org

PERSONAL SACRED HEALING RETREAT ~ Take time for yourself, co-create your personal unique Retreat, select from a wide variety of heart centered therapies in mystical Volcano, Hawaii. See wide selection of spiritual and healing techniques www.InnerJourneysHawaii.com. Call 808-985-9240 or 808-640-713

FOR RENT

750 SQUARE FEET OF CLASSROOM SPACE available for rent — evening and weekends only \$35/hr. Lovely private consulting office available day/evening or weekend \$10 - \$15/hr. Academy of Spirit in Lynnwood 425-398-8011

TRAINING

REI-KI-GONG I, II & III, two-day, \$350 includes lunch, certification, attunements, April 5-6 and monthly JoyRae Freeman www.reikigong.net 206-417-8778.

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USUI REIKI TRAINING: Beginning to Advanced - Snohomish. Contact Shannon (425) 377-9790, www.circlegreen.org

BUSINESS OPPORTUNITIES

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CHURCHES & SPIRITUAL HOMES

CENTER FOR SPIRITUAL LIVING, A Spiritual Community for your Spiritual Journey. Come enjoy our Sunday and Wednesday services, youth programs and adult programs. Sunday service: 8:25, 9:45 & 11:30 a.m., Wednesday service: 6:30 meditation, 7 p.m. service. 5801 Sand Point Way N.E., Seattle, WA 98105. (206) 527-8801; info@SpiritualLiving.org www.SpiritualLiving.org

WICCA: Aquarian Tabernacle Church, open to all. Free monthly Lunar celebrations, classes, other events. For more information call 360-793-1945. www.aquatabch.org.

UNITY CENTER FOR POSITIVE LIVING 800 S. Pearl, Centralia. Sunday services 10 a.m. A Course in Miracles, Monday 7 p.m., Wednesday 10 a.m. Book studies, classes, potlucks, free movies. Call for special events calendar. Rev. Reysha Silverhair (360) 330-0839 www.websyte.com/unity/centralia

SEATTLE UNITY CHURCH, Celebrate, Inspire, and Deepen your Spirit's Journey with us! All traditions and walks of life are welcome. Join us for Sunday services at 9 and 11 a.m. or for Wednesday evening service at 7 p.m. 200 8th Ave N, Seattle, WA 98109, 206.622.8475; www.SeattleUnity.org

OLYMPIA CENTER FOR SPIRITUAL AWAKENING. Creative Reality - Great Spirit - The Big Yes! - God/Goddess The Great I AM - Infinite Potential — whatever you call your Higher Power, you are welcome! Revealing Possibilities - Unleashing Potential, 11 a.m. Sunday Celebration, Nova Middle School, 2020 22nd Ave. S.E., Olympia; (360) 570-2112; www.csaolympia.com

NEW Spirit JOURNAL
Deadlines

Articles are due the first Friday of the month and ads are due the second Saturday of each month for the following month's issue