

Know your face

From front page

and kids better with face reading!" Certainly they do, but when people really get lit up in my workshops is when they realize, "Oh my gosh, that's why I do what I do!" People are transformed when they understand why they keep feeling certain ways, or why they keep

attracting certain types of people into their life.

"But this is not a head-thing. When you begin learning to read faces, there is a stage you go through trying to remember what a nose or chin means, but pretty soon you throw that away. You come back inside and it's almost like you can read someone's frequency;

you learn to meet people where they are. And then, when you look in the mirror you're not so self-blameful. People tell me, 'I finally have permission to be myself. I am not blaming myself for who I am anymore.'

"To me, face reading is about getting out of your own way; about not taking yourself so seriously. It's about knowing that you have certain feelings because it's your nature.

"People are just like plants. Somebody is sup-

posed to be a pine tree and someone else a willow tree and someone else a redwood. If the willow tree is trying to be a pine tree because her parents and friends are pine trees, and if she's blaming herself for not being able to grow needles, then she's never going to be happy in life, she's never going to be anything but stressed. This is about moving beyond the small self and the personality we are so locked into, the filters we see the world through, and into understanding why, as a willow tree, I perceive someone else as good or bad or

difficult or wonderful. This work frees people to be their authentic selves. If you are the authentic, integrated version of yourself, then you live your life with joy.

"It's a confusing place, this planet, and we get all kinds of messages about what we're supposed to do here. We struggle all our lives to discover or rediscover who we were meant to be, to find the fullest expression of who

we were meant to be. Face reading hands this self-discovery to us on a plate. It's amazingly eloquent and breathtakingly beautiful."

Jean Haner will be speaking in the Seattle area on March 7 at East West Bookshop in Seattle, and offering a mini-workshop on March 9 at Stargazers in Bellevue. She will also present a two-day The Wisdom of Your Face workshop and practicum on April 26 and 27. Jean's new book, The Wisdom of Your Face, is available at most booksellers. For more information on Jean's private consultations, workshops, trainings, and her book, visit her website at www.wisdomofyourface.com.



Jean Haner conducts a face reading session with a client. She says, "Your face tells the world what you expect from it and what your experience is going to be."

Stargazers

Spiritual Gallery & Bookstore

www.stargazersbookstore.com
12727 N.E. 20th, Bellevue 425-885-7289
Wed, Thurs, and Sat 10-6 • Friday 10-7, Sun 12-3
Closed Monday & Tuesday

March 8 Aura Portraits by Elke Macartney
10-6, \$225/portrait, \$100/reading

March 15 Psychic Readings by Sophia
10-6, \$100/hr

March 22-23, Spring Psychic Fair
Saturday 10-6 & Sunday 12-5

Friday Nights:
March 7: A New Look At Chakras with Elke Macartney
March 14: Connecting with Garden Faeries & Spirits with Sophia
March 21: Spring Equinox Ceremony with Tess Sterling
March 28: Drumming Circle with Tess Sterling

Daytime Classes:
March 1 & 2, Rawhide Rattle Making with Soaring Eaglewoman, \$100/both days & materials included, 10:30-1 Sat, 12:30-3 Sun
March 9: Chinese Face Reading with Jean Haner, 12:30-2:30, \$30
March 15: Siberian Shamanic Journeywork Series with Jan Van Ysleestyne, 12-4 (also Apr 19 & May 17, \$160/3 classes)
March 16: What Your Sun Means To You with Collen Marquist, 12:30-2:30, \$25
March 29: Building Your Intuitive Muscle with Giavonne Michell, 10:30-12:30, \$20

Discover the Power of 'The One Command' and Commanding Your Wealth!

The One Command
March 15, 2008 9 am-6 pm
Academy of Spirit, Lynnwood, WA
At the door \$295 • Pre-registration \$185

UNLOCK A POWER WITHIN YOU SO GREAT you are propelled into the life you desire. Break through self-imposed limitations to achieve more than you ever dreamed. Remove the mental obstacles that block your good. Free your mind and find new ways to achieve your goals.

**Teaching is Simple
Results are Amazing
Benefits are Infinite**

"Anyone who is serious about mastering the manifestation process will do themselves a big favor by getting a copy of the book and working with the material. The only thing you have to lose is your state of lack!" — Krysta Gibson

**To register Bonnie Strehlow 253-661-0717
or bonnie@commandingwealth.com for introductory evenings.**

Teaching is Simple • Results are Amazing • Benefits are Infinite

AMMA SRI KARUNAMAYI

EXPERIENCE THE BLESSINGS OF THE DIVINE MOTHER
2008 WORLD TOUR

MARCH 14 - 16, 2008

Spiritual Discourse & Darshan
Friday, March 14th 7:00 PM
Seattle Unity Church
200 8th Ave N
Seattle WA 98109

Individual Blessings & Saraswati Diksha
Saturday, March 15th
9:00 AM - 1:00 PM
Seattle Unity Church
200 8th Ave N, Seattle WA 98109

SEATTLE, WA

One Day Silent Meditation Retreat
Sunday, March 16th
8:00 AM - 6:00 PM
Embassy Suites Hotel
20610 44th Ave W
Lynnwood WA 98036

AMMA SRI KARUNAMAYI
www.karunamayi.org

All Programs free except retreats which require advance registration and a nominal fee. People of all faiths are invited. Please visit www.ammakarunamayi.org. Call us at 425-337-2940 or email us at seattlesatsang@ammakarunamayi.org.