

The Wisdom of Your Face is based on the same ancient principles as traditional Chinese Medicine. The Chinese believed that your face is a reflection of



The Wisdom Of Your Face

by Jean Haner

your true inner spirit, the blueprint of your original design. The wisdom written there explains why you think, feel, and behave as you do, and can help you find the life path that brings you joy, relationships that nurture you, and most of all, gain a way to feel true compassion for yourself and everyone you encounter.

Please join author Jean Haner to learn the wisdom you can find in the curve of your cheek, the slant of your nose, even the style of your hair. If you have questions for Jean about your own face or those in your life, please send them to krysta@newspiritjournal.com or mail them to New Spirit Journal, 14911 Chain Lake Rd #431, Monroe, WA 98272.

Dear Jean,

I've always been so embarrassed by my big ears and earlobes. Do ears mean anything in face reading?

Jean's reply:

Oh, ears are very important in face reading! Someone with large ears is said to have a strong constitution, in fact, with plenty of extra life force to spare. Your large ears mean you're more able to take risks in life, because even if you gamble and end up losing some energy, there is plenty more where that came from!

Large ears also correlate to greater wisdom. Someone with large ears is believed to have been born with a deeper inherent wisdom than someone with small ears. The fact that you have large earlobes as well shows a particular strength with long-term planning that can serve you well throughout life. In fact, large earlobes are called one of the three "reservoirs of wealth" on the face, a sign you are able to hold onto your money! Many financial planners and successful entrepreneurs have large ears and earlobes, as do people deeply in touch with their spirituality and inner wisdom. So rather than be embarrassed by your ears, be proud of all the positive qualities they represent!

Dear Jean,

I have three prominent beauty marks/moles on the right side of my face and none at all on my left. Due to a mild case of a lazy eye (my right eye), I even hold my head constantly at a slight tilt to the left. What does it mean that so much of my body seems to be heavy on the right like that?"

Jean's reply:

One of the remarkable things your face reveals is the story of your life; every important experience, every life lesson you learn is recorded on your face. For instance, your face will show with a small mark or wrinkle the joy of the day you got married, the year you struggled through a demanding training, or the heartbreak of your divorce. There is a place on your face that relates to each year of

your life, and the map of your entire life can be read, if you know what to look for.

If the moles on your face are dark, like beauty marks, they usually do signify these kinds of defining moments in your life. For example, a dark mole on your right cheek near your eye shows that something significant happening at age 36. A dark mole above your right eyebrow means an important experience at age 25. (In my book, "The Wisdom of Your Face," there is a diagram showing the location of all the different ages on the face.)

Any marking doesn't necessarily mean you had a traumatic experience, just one that stressed your system, whether in a positive or negative way. So a mark on someone's face could note something as simple as a move to a new city, or starting an important job, or something more dramatic, like the break-up of a romance, or the death of a spouse.

But now we also need to consider the meaning of the left and right sides of your face. The two sides hold very different meanings. The right side of your face actually relates the left side of your brain, and the left side of your face to the right side of your brain.

The fact that your right eye is "lazy" holds a meaning in this regard. Because your left eye is the better functioning one, it may be a reflection that you are more reliant on your right brain, known as the intuitive and feeling center of the brain. This probably means you tend not to think your way through life in a linear way, but instead have strong instincts that serve you well and on which you can rely.

The right side of your face is also called the "public side" and the left side is the "private side." The public side of your face reveals to others more of those aspects of who you are that you wish them to know about you. The private side of your face is often where you hold your more private feelings. For instance, people's faces often have more markings that signify their inner grief on the left side.

It may be that by tilting your head slightly to the left as you do, your right, or public side is more visible, and the private side slightly less so. This could mean that you are unconsciously trying to hide your left side, perhaps to conceal the fact that your intuitive abilities are as strong as they are!

It would be so interesting to identify what life lessons those three moles on your face are marking. It may well be that it was these experiences that helped to move you toward using and trusting your intuition more than you ever had before.

Jean Haner is the author of "The Wisdom of Your Face." With her 25-year background in ancient Chinese principles of balance and health, Jean places an emphasis on compassionate and affirming ways for people to live in alignment with their own true selves. Please visit www.wisdomofyourface.com for information on workshops, consultations and Jean's free newsletter.

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