

Seven Reasons to Learn Energy Healing

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With energy healing you can:

- Clear blockages/dark energy (replace the low energy with high energy).

- Increase and harmonize the natural flow of the life force through a person.

- Feel the higher vibrations of the energy healing and therefore feel invigorated and cheerful.

- Heal on all levels (physical, mental, emotional, spiritual) at the same time.

Quantum physics has been proven that thoughts cause energy to create physical manifestations (the quantum wave changes to the quantum particle). So learning how to use your energy, thoughts, and actions correctly will improve your health, wealth, and happiness. A thought's energy precedes physical manifestation, so refining your thoughts will refine your health and other aspects of your life.

Energy healing is the only kind of healing used in the "haven" (where we go after the body dies

here.) Learn energy healing because it's fun to heal yourself and others.

Reiki is the most popular energy healing method in the world and is very simple. It calms the mind and raises a person's vital life force energy. Reiki is pronounced ray-key. *Rei* means "universal," and refers also to the spiritual dimension and the soul. *Ki* means the vital life force energy which flows through all that exists.

Energy healing is *not* a religion. It embraces no doctrines, creeds, or contradictions to the universal laws of consciousness, oneness, and love. It does not conflict with other healthcare procedures, but enhances their results. Energy healing helps release tension, stress, anxiety, and depression. It balances your life and enhances relaxation.

Reiki masters Taylore Vance and her partner, Roi Halse, of Chehalis, Washington, discovered the hidden part of reiki in 1991. Since 1994, they have been teaching traditional reiki, Laser Reiki, Cosmic Energetic Healing, and the Law of Attraction workshops, as made popular by the DVD "The Secret" and as seen on Oprah. Visit <http://prosperity-coach.blogspot.com> for prosperity healings and www.reikiranch.blogspot.com for remote energy healings.

Love Your Way to Happiness and Abundance

by Lawrence Crane

Many people think that if they just had plenty of money that life would be a paradise. But, think about it. Don't wealthy people commit suicide inside beautiful air-conditioned homes? Unfortunately, yes, they do.

So, if money doesn't bring happiness, this begs the question, "What does bring happiness?" and "What is true abundance?"

Let us begin answering these questions by stating, "If you don't have love, then you will never know real abundance." You may fight your way to material wealth by struggle, effort and heartache, but abundance is far more than just having money. Real abundance means having an abundance of all good things including money, inner peace, harmonious relationships, happiness and success in all your endeavors. True abundance only comes when we are happy, and the only way to have lasting happiness is to love.

Real abundance means having a consciousness of gratitude, love, and acceptance for what you have, and for what you don't have. It is a state of mind, a way of being, more than it is just "having things." In real abundance, you don't "want"

anything. You feel you have everything. There is no desire nor need to change anything as all is seen as perfect and abundant, and this consciousness attracts more and more abundance on every level.

When you are truly abundant, there is no struggle to change things or get things. If there was something you wanted to change or to have, you would simply choose to have it or change it and it would be done. You would put your focus on it and allow it to come to you without effort.

Abundance, put most simply, is knowing that "all is well in your world," that your relationships are happy, positive and loving; that your health is radiant and perfect; that your finances are all sound and in perfect order; that every aspect of your life is whole and complete in every respect without effort or struggle. That is real abundance.

And, none of this is possible without love. So if you want real abundance, you must love. Love yourself, love others, and love all the situations and circumstances you are presently demonstrating in your life. If you don't like what you are demonstrating in your life, take responsibility for creating it and then approve of it. Only by taking


responsibility for it can you change it. And, only by letting go of resisting your circumstances (approving of them as they are) can you begin turning things around. Otherwise, you will subconsciously be holding in mind what you do not want and will be powerless to change things into what you do want.

Just love, love love, and you will be so happy, and healthy, and prosperous.

— Lester Levenson

If you are experiencing lack on any level, then examine your thinking, and look to see where you are holding onto non-love feelings and holding in mind what you do not want. Once you see this, begin letting it go.

If you want a shortcut for eliminating all non-love feelings, try the Release Technique, which was developed by a man named Lester Levenson. He developed the technique after being told he had only a few weeks to live due to a heart condition. After discovering this powerful technique, he went on to live another 40 years. A live course that teaches this technique is being offered in Portland in October. For more information go to www.release-technique.com.




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