

Letters to New Spirit

An Open Letter from Jack Kornfield, Ram Dass, and Sharon Salzberg

Dear friends,

We are writing to ask your support for two beloved friends of ours, Stephen and Ondrea Levine. They are currently facing significant difficulty. After a lifetime of giving, they are now at a time to receive from those of us whose lives have been touched by their presence and teaching.

Their greatest needs are financial. Ondrea has leukemia and the costs of her insurance and treatment have used up their savings. Stephen's health is not good either, and he is too frail to travel or teach.

When we heard about

this, we felt moved to contribute to a fund set up for them and to encourage others to do the same.

Stephen and Ondrea have been among our generation's most important teachers, demonstrating and encouraging others to embrace the power of love and generosity. For three years, they ran a 24-hour-a-day, seven-day-a-week free phone line for those dying or in need of support. When the phone bills got too high, they sold their house to keep the project going. For decades they regularly corresponded with thousands of people who were seeking spiritual guidance, giving freely to those in need, many of whom were sick or in the final years of their life.

The circle has now come around, allowing us the opportunity to give to these two lifelong givers. We hope to raise several hundred thousand dollars in small and large donations to help them through this time.

Caring for friends and teachers is an essential part of any spiritual life. As we age, spiritual friends are

more important than ever. Stephen and Ondrea have been dear spiritual friends to us and to thousands of others through their books, workshops, and correspondence.

If you are one of these people and are moved to give, below are three ways to donate to the Levine Fund at Bread for the Journey. Bread for the Journey informs us that donations are tax deductible. In honor of the immeasurable gifts Stephen and Ondrea have given to the family of the earth, Bread for the Journey has generously offered to manage the fund with 100% of your donation going to the Levine Fund.

Mail donations to Bread for the Journey, 267 Miller Ave., Mill Valley, CA 94941. Please enclose a note indicating that your gift is for the Stephen and Ondrea Levine Fund and in the note section of your check write "Levine Fund."

Donations made with a credit card may be made at 415-383-4600.

To donate online, visit <http://www.justgive.org/giving/donate.jsp?charityId=3583&isRecurring=&> and designate the Levine Fund.

For questions and other means of giving, contact SorenGordhamer@gmail.com

With gratitude and love,
—Jack Kornfield,
Ram Dass, and
Sharon Salzberg

Community News

The Grand Opening of a Vedic Temple and Vedic Sciences University in Redmond

A grand Vedic temple and Vedic sciences university in Redmond, Washington will be inaugurated in February. Various programs and workshops will be offered on diverse topics ranging from stress reduction to enlightenment. All aspects of Vedic sciences like yoga, meditation, rituals, and mantras will be taught. This will be a living, vibrating, sacred space where everyone, irrespective of background, culture, and faith is welcome to experience the intense peace and bliss.

The temple will feature a representation of Nataraja, the dancing form of Shiva and the

main deity of the temple. Nataraja represents the cosmic energy that is dancing in all the diverse objects in the universe. This ten-foot masterpiece is the largest Nataraja deity in North America. The deities are infused with divine energy by Paramahansa Nithyananda, a multi-dimensional enlightened master from India. He is transforming millions of lives around the world through his ground-breaking wisdom and dynamic techniques.

In 2007, five Vedic temples were opened in the U.S. in Los Angeles, Columbus, Oklahoma City, St. Louis and Orlando. In addition to the temple in Redmond, five more temples are opening very soon in various other cities in the United States.

For more information, visit www.VedicTempleSeattle.org, call 425-591-1010 or email

Bare Feet Rooting Into The Earth

Continued from page 2

all forms of life for being present, and thank the earth for being your home.

You can do this quietly if you are in a public place. It is best to produce a vibration by actually using your voice as opposed to thinking this gratitude. If you don't want to look silly, place a cell phone against your ear so you look like you are having a conversation. You can be creative in your gratitude!

These 15 minutes will change your consciousness. You will find that on a daily basis your vision of who you are on the earth becomes broader. You will be less stressed. You may even remember to check in more often during the day to see how your body is feeling. And finally, and maybe most important for the healing of all, you will start to feel the deep healing energy of Mother Earth.

Rebecca Singer is a shamanic healer who has recently moved here from the rainforest of Costa Rica. She offers sessions, workshops, and talks. You may visit her website at www.shamanicenergy.com or at 206-455-1877. She can dream your journey with you.

Integrate Healing

Experience the dynamic combination of Counseling, Reiki, and Quantum Healing! www.integratehealing.com

Jennifer Yost, MA, Reiki Master
Lake City Way, Seattle 206.284.2411

*Life-Giving
Environments*

Organizing Services
Motivate. Organize. Transform.
253.315.0168
www.lifegivingenvironments.com

Hellerwork

- Integrative Bodywork
- Emotional Awareness
- Repetitive Strain
- Lymphatic Drainage
- Detox/InfraRed Sauna
- Raw Food Coaching
- Toxin-free Bodycare

Janaki Rose, OTR/L (206) 528-5350
Seattle & Monroe • Insurance Accepted (360) 805-5746

Reconnective Healing[®]
Reconnective Healing Sessions
Distance Healing

 **Brad Lee, LMP**
Reconnective Healing Practitioner™
Mill Creek, WA
206-713-5394
bradlee@msn.com
For additional information,
please visit www.TheReconnection.com

**Your ad could
be here for \$32
a month!**

With a 12 month contract and payment information on file.

**Botanically-Based
Skin Care and Health Products**

Our catalog has over 200 skin care, nutrition, color, and aromatherapy products. Visit us at: www.i-skincare.com
Phone: (206) 304-1561
Email: iskincare@myarbonne.com
Ask about our 35% wholesale discount.
We are a vegan company; our products do not contain animal products or by-products.

Subscribe to

**NEW Spirit
JOURNAL**

Have New Spirit Journal
delivered to your front door!

Fill out this form and send it along with your payment to:

New Spirit Journal, 14911 Chain Lake Rd. #431, Monroe, WA 98272

Name: _____

Address: _____

City: _____ State: _____ Zip/Postal Code: _____

Phone: _____ Email: _____

Bulk mail rates:

Prices include Washington State sales tax

1 year (12 issues) \$21.70 • 2 years (24 issues) \$32.55 • 3 years (36 issues) \$43.40

First Class or Canadian rates:

Prices include Washington State sales tax

1 year (12 issues) \$35.81 • 2 years (24 issues) \$60.76 • 3 years (36 issues) \$85.72

Your
subscription
begins with
the next issue
after we
receive your
information
and payment.
Thank you for
supporting
New Spirit
Journal.



Heavenly Choices

SEMJA, Inc. Susan Johnson and Eileen Angilletta
19020 Front Street, Poulsbo, WA 98370
(360) 697-6765 fax 697-6782
www.semja11.com heavenlychoices@semja11.com

We offer **Fair trade**, ethically produced Local and Global Art and Cards, Candles, **Unique Clothing**, Jewelry, Crystals, Tarot, Books, Body Care Products, and **Essential Oils**. Come have your aura **photographed!**

Bente Hansen

Distance Healing and Clearing
Soul Readings
Medical Intuitive

(253) 951-7223

E-mail: bhansen9@hotmail.com

Website: www.dynamicenergyhealing.net