

Using Astrology to Awaken In A Time of Crisis

by Nancy Kahn

We are living in troubled times. Our economy is having a very difficult time, and many people are reacting to the economic downturn by feeling very stressed and anxious.

The most powerful transit going on in the sky at this time is the opposition of Saturn and Uranus. The first time this hit was on election day, Nov. 4, 2008. The next hit is Feb. 5, 2009, followed by another hit on Sept. 15, 2009; the last transit is July 26, 2010.

It is important to understand what these two planets mean and how they are impacting society as well as all of us as individuals. Saturn is the planet that represents authority and structure, the status quo of how our society has been operating since the end of World War II. Uranus is the planet of intuition and change. Uranus is also one of the three planets of the "higher self." Very often Uranus will bring about a crisis in order to cause some much needed change.

The opposition of Saturn and Uranus is often linked to economic depression and recession. Things may look like they are falling apart, but that is so that they can be made stronger.

So what does this mean for each one of us? This is a time for transformation at a very

deep level. Each of us has built up our own Saturnian status quo in our lives. It is time to ask ourselves the question: "Where in my life does my ego strive to keep everything the same?" Examine the answers, and see if there are much needed changes that need to be made.

If we are clinging to what isn't essential in our lives, there will be pain. How do we know what changes need to be made? The key is to listen carefully to our intuition. This allows us to live as our higher selves during this time of crisis. It allows us to fully embrace Uranus and the positive changes that it brings.

The economic crisis is an opportunity to wake up and be present. This is an opportunity for great growth and awakening.

There is one other very important transit that is connected to the economic predicament in which the United States finds itself. This is the transit of Pluto opposing Venus in the United State's chart. This transit is exact on March 3, 2009, again on June 9, 2009, and on Dec. 5, 2009. It is followed by Pluto opposing Jupiter in the United State's chart on Jan. 14, 2011, July 14, 2011, and Nov. 16, 2011.

So, what does this all mean? Pluto, like Uranus, is one of the planets of the higher self. It is the planet that rules power and how it is used, as well as death and rebirth, regeneration and transformation. Venus rules money and banks. Jupiter rules the way in which the country tries to expand financially, both locally and globally. All

My purpose in writing this article is to talk about the astrology behind the current crisis, and what it may mean for all of us. My goal is to help you to navigate through this predicament with the help of the stars.

of this is going to come up for enormous renovation. We may even find ourselves with a different kind of currency. Corporate business practices may come up for tremendous regeneration. Corporate and big government misuse of power will be exposed, and come up for great transformation. Pluto could bring about death and destruction if change and transformation are resisted. In some way the structure of all of our lives will be transformed, primarily through the transformation of business, government and, possibly, capitalism as we know it.

As you may have gathered from reading so far, this economic crisis isn't going to go away immediately. After Pluto finishes opposing Venus and Jupiter, it will oppose the United State's Sun. But not until Feb. 14, 2014. Meanwhile, Pluto will go back and forth over Jupiter.

For us as individuals and citizens of the United States, we may find that all of the financial destruction serves the purpose of transmuting us into the best possible expression of ourselves out in the world. Our own relationship to money, possessions

and financial resources may change. We need to ask ourselves: "Is there anything I need to let go of?" This may be attitudes, possessions or habit patterns. Then be prepared to let go. Pluto can make things very difficult if we resist letting go. If we are willing to go through the needed transformation, Pluto will help us to feel more and more empowered.

Ask yourself this question: "What is really of greatest importance to me in my life?" Write down the answers.

They will help you to deal with the chaos and put it into perspective. This will help you to stay aware and to wake up to what you really need in your life, and to what is essential in your life. Everything else may fall away.

At the same time, though, it is also a good idea to do all of your abundance affirmations and to keep thinking positively. We don't want to be dragged down by the collective unconscious. We need to be positive and progressive thinkers, and to keep affirming all of our dreams and goals.

This time of financial crisis

can actually be a very exciting time of change. Our prayers for humanity at this time, will contribute to the golden stream of light that circles the earth. Pluto and Uranus will bring about the destruction of our present way of life, but this is so that we can grow in new directions, and be the best possible selves that we can be.

Nancy Kahn has 30 years of experience as a professional astrologer. Nancy's readings help her clients to make the most out of the changes that are ahead, and to transform themselves into being all that they can be. Call Nancy at (206) 284-1143 or visit www.astrologyforliving.net.

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