

Why Angels are Important in Your Life

by ZARA

The most important connection any of us can make in life is our connection with angels. Some people want to get to God directly through meditation and prayer, but from my experience, prayer and meditation lead directly to a connection with angels, which then leads us to God. This is because angels are intermediaries to God, and when you pray and meditate, they listen, respond and sometimes intercede.

Remember, while God is formless and unknowable, angels do have form and are easier to relate to. They do an excellent job of helping us to understand what God wants of us, and how we can live the life that fully expresses our divine purpose while here on earth. But this can happen only when we get in touch with them in the first place, so they can help us.

I have noticed that some people are hesitant to communicate with angels because they fear that the angels are going to brow-beat them by telling them everything they have done wrong in life. Nevertheless, I can assure you, the angels are not like that. They see your good, and only mention your mistakes in a completely positive way in order to show you how you can increase your happiness and improve your life. In other words, angels help show the way.

I have seen and communicated with angels regularly for many years and I have always found them to be accessible, warm, and understanding. I can describe what they look like and what they act like relatively easily because they are somewhat like us, yet they are far beyond us in many ways, and their unquestionable love of God is profoundly who they are.

As an angel-medium who facilitates angel-influence in people's lives, I've become keenly aware that profound solutions to major and minor problems are more accessible than most people think. I have witnessed thousands of people who once seriously believed that the problems bothering them were going to go on forever, and who, when listening to and being influenced by messages from the angels, find that many of the solutions they were looking for are unbelievably simple. Many times simply setting up boundaries and learning how to change negative patterns into positive habits are the keys to getting in charge of one's life.

The angels like to show people how to make changes for the better. They are supportive, full of love, and the perspectives they offer to solve problems in life is invaluable, especially through the guardian angels who lead humans into their highest potential. These guardian angels walk and talk with humans, do their best to keep people from harm, and attempt to guide us into our most purposeful existence and highest good. They are dedicated to helping the divine help humanity, and they do their best to commune with people and show them the way.

When guardian angels are with you, they try to make their presence known in several ways. Sometimes they manifest as sparks of



light that flash once then quickly dissipate, or by making clicking sounds in a your home or car to let you know they are there. Sometimes, when you least expect it, you can actually hear their voices speaking to you and giving you guidance, or they appear in dreams, or sometimes, they even manifest physically through visions and encounters.

How to Connect With Angels Directly

If you would like the benefit of directly receiving messages from angels, you need to develop vibrations of love in your heart and aura so you can attract the equally loving vibrations of angels. In order to do this, begin by choosing to be grateful for everything that is, without judgment. This attitude of gratitude — not only for the gifts of life, but for whatever life has to offer — will open your heart and help make you ready for angels to directly commune with you. At that point, you can follow the steps below.

Here are some practical steps to help you commune with angels by starting an Angel Journal. Have your journal and a pen ready before you start.

1. Find a quiet place where you will not be disturbed so that you can use this place to commune with angels daily.

2. Choose a regular time to meditate for at least a half-hour each day. This meditation will strengthen your aura and help prepare

you to call in angels.

3. Begin meditation with a prayer of protection, and ask the angels to guide you.

4. After meditation, sit quietly, asking the angels of light to come into your life and bring you helpful messages.

5. Pay close attention to subtle thoughts and impressions that spring forth

6. Check with your heart to see whether those thoughts and impressions are coming from love.

7. Write down all thoughts and impressions that come from love.

8. End your session with a prayer of appreciation.

9. Choose each day to actively follow the guidance you have received from the loving messages you have written in your angel journal.

If you continue the daily practice I've outlined, over time, you will get results. The angels are here to help you, and they want to commune with you. When you continually do your part, they will do their part. Success will be forthcoming. Your part is to persist in practicing the steps I've outlined above.

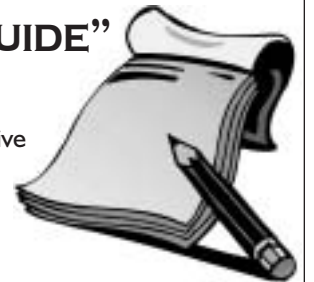
Once your communion with angels begins, as long as you maintain a loving attitude, your communion will continually grow stronger. Then, through angel insight and angel communion, you will discover the benefit of a fuller, richer life, and you will feel more love, more joy and greater peace in your heart than ever before.

And besides all this, you will find that many problems you used to worry about will begin to work themselves through, and you will feel blessings from the divine at work in your life.

In ZARA's role as an angel-advocate, she has been writing and speaking throughout the Northwest on angel awareness. A popular trance-channel medium, and angel reader, ZARA fulfills the role assigned to her by Archangel Michael through her classes and psychic readings. To schedule your private angel reading, call (425) 741-9752, e-mail zara@zarasangels.com, or visit zarasangels.com.

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