

Flying Changes: The Truth According to Horses

By Liz Mitten Ryan

Liz Ryan has been called a horse whisperer because she is an equine communicator. She has been able to share information she has received from the horses and share some of it here.

From Premiere Edition (Prima) speaking for the herd:

I would like to share with you some horse

secrets. We see the world differently. You humans talk of being superior; you have beliefs that are not true. We see the truth of how things really are; all animals do.

I will tell you 10 things you believe that are false:

1. Beings are separate.

We are all one – human, plant, animal, rock – every single little quark is united in the same cosmic soup. There are spaces

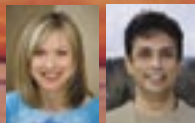


Liz Mitten Ryan enjoys the sun with several equine readers.

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but no boundaries. Boundaries are only thoughts.

2. We are here to advance ourselves.

Life is not a struggle, at least not to the rest of us. You struggle; you believe there is something that you must accomplish. There is nothing to accomplish except the desired results of your desires.

3. Our desires are important.

Your desires are frivolous; they mean nothing in the span of being. I am referring to the larger span of multiple existence.

4. Boundaries are necessary.

Boundaries are thoughts and create limits in a limitless universe. When boundaries dissolve, opportunities expand.

5. We have one life to live.

You see life from the perspective of your ego. It is so much larger. Because you identify with a finite expression, you are blind and deaf to all that is beyond your physical senses.

6. I am the center of the universe.

Imagine being outside yourself – being absolutely everything – as far back as all time in your terms; but being everything,

time spirals, loops, and meets itself again and again, all in the instant of a thought. You are that.

Everything in creation you can experience; merge with the energy of a rock, a tree, a cloud. With no boundaries you are all. You have trouble being outside yourself because you are absorbed in self.

7. I must fight to survive.

If you were to let go of your concerns for self for even a moment, the boundaries being just a thought would disappear. Then you would experience as we do.

8. I must protect myself from nature.
(Build cities, walls, etc.)

You forget yourself in nature, in quiet; true quiet void of thoughts, and you remember a truth you knew long ago that has drowned in the confusion of your busy life.

9. I must create; I must achieve.

There is nothing to accomplish that hasn't been accomplished already. You think you have a new thought, but you are just opening to mind, which as matter is infinite in its

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