

## LIBBY KRESKY, Ph.D.

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## Horses

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expression.

**10. The world is a mess; there is nothing I can do.**

In an instant you can change the world. If man were to change his mind, one mind at a time, a chain reaction (like nuclear fission) would occur. Human minds like ours are all joined; it is the belief in isolation that creates the limits. Simply let them go, and a far greater world is yours, ours and in the communion of spirit as it has always been.

That is the simple truth. You can affect your life with your thoughts, but beyond that narrow perspective you hold, nothing changes. The truth remains the same. There are two ends to the spectrum. Fear is at one end and it is false; love is at the other and it is all that is true.

The truth is we are all God. It is only humans who have separated.

"Why did humans want to separate?"

Why not animals?"

Perspective is the key here. From your perspective, you think that you are the different ones, the superior species, the most like God. That is the story as you have told it, it is your story. We all have a story that is our own perspective. The difference is animals are in agreement because they have not left the garden (the place where all walk and talk with God).

Humans believe in a human myth. It is the story that supports separation. Animals have a knowledge of good or God. People wanted to create a perspective that would give them superiority or so they thought. "Let us have evil, which is the opposite of what all other life understands." And they have boxed themselves into a corner. They have created another category, and being the designers of their world, have made themselves a hell. The point is we all view the world from our own perspective; "our" being singular or plural. Human/humans. Horse/horses. The difference is humans believe in opposites; we believe in sameness. Every being

sees the world through their own eyes; every species through the eyes of the species. Animals interconnect species to species, to man, and that is how we can help you. We can share our vision; we can show you paradise again.

You are the only species who has lost the connection and therefore wrongly believes that you are separate and therefore superior. Just like in a flying change, the lead is the perspective. Change your lead mid-air and change your direction. It is that simple: as you believe, you will experience life.

*Liz Mitten Ryan is a Canadian artist-animal communicator and has co-authored four books with her horses, cats and dogs. "The Truth According to Horses" has won a coveted Silver Nautilus Award for 2009, making Prima the first horse in history to win a literary award. Retreats are offered at Liz's Gateway 2 Ranch. Visit the herd at [www.lizmittenryan.com](http://www.lizmittenryan.com).*

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