

## Five Keys That Unlock and Recover the Holy Self

by Elle Collier Re

Our logic has been feeding near the edge where independence becomes separation from wholeness. We are also created to find our way to the other pole of awareness, where love directs the intelligence. As the door from the lower mind to unity awareness is unlocked, well-being unfolds.

These keys redirect the mind to the whole self, and its function, purpose, and plan.

As they are read, believe that these words live in us already.

**1. Listen intently to the higher self.**  
Your real self is an actual, divine

answer, a created solution in the great fabric of love, waiting to be used. This self is a version of the great oneness: love. It needs your inner hearing to be trained as an accomplished witness in order to return love's entire purpose to earth. Never in theory will this be accomplished. The mind must be extraordinarily simple, honest, modest and uplifted in order to penetrate into the God directives.

**2. Change short-sightedness by affirming connectedness.**

Even acknowledging God-connection is like dropping hundreds of pounds off the brain. Theories of separation begin to fall away, and the truth that no person can exist alone lets the real truth return: the higher plane, the sacred level of the uni-verse (one verse) is all one.

**3. Surrender.**

Although creativity is a key to the complete light of being, the animal mind must not try the door. If the ego tries, a false door will be made to only mirror the chief traits of the ego, and the real door will be hidden from it. The higher observer mind can take you to the start point but it, too, must step aside in order for the divine presence of God to dissolve you through.

You prepare by simplifying your mind thoughts, and then surrendering to the inner current, the flow from now to the new now. Only in surrender will you be directed to the next key and passageway leading from the mirage to the true.

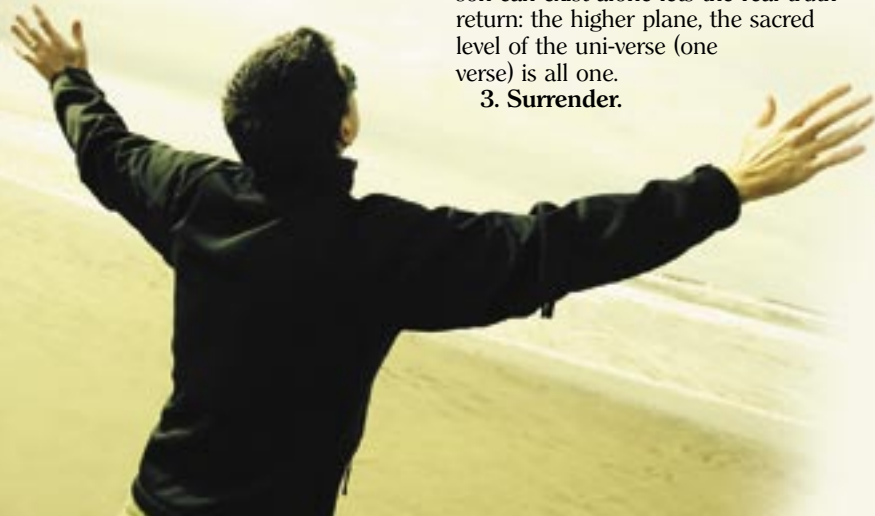
**4. Know that your prime directive is: be lit by love.**

Live in all matters from a perfect love of oneness and good. Then affirm and fully trust that you are ever guided within this love, which is your radiant being, your God-presence.

**5. Be one with the mastered self.**

On the timeless layer of all you truly are, you are awake to the plan, and like a prophet, know that way is already accomplished in the great design. If you attend life from that inner clarity, you can be assured that answers shall come to you to know how to follow the plan and path in the daily practice of life.

*Awakened mystic, Elle Collier Re, is a prophet-like witness of divine intent. Elle has been guiding and teaching individuals and groups for over 25 years. She offers satsangs (discourse from the holy) by conference link-up and in-person group illuminings, personal and group retreats, and private sessions by phone or in-person. Elle is the teacher at HeartGate Sanctuary, a spiritual study and retreat center in Hood River, Oregon. For information, visit the website at [www.INEI-RE.org](http://www.INEI-RE.org), or call 866-630-Love.*



## On The Bookshelf

From page 13

to success and fulfillment in life," she says. "It's a natural part of us – our birthright – and yet many of us have lost touch with it. Once we know how to follow it, intuition is a very accurate guiding force in all aspects of life. Without it, we are at a great disadvantage. It's a practical tool that we need in order to successfully deal with life."

The cards come in a lovely box which has a pop-up frame that allows you to display your card for the day.

### The Chocolate Meditation

By Julie Dittmar and Matt Kahn  
True Divine Nature

This CD has two guided meditations set to very relaxing musical background. Based on the joy of chocolate, one uses the metaphor of sweetness to quiet the mind and feed the soul. The second offers the chance to express and experience global gratitude.

Both are voiced by Julie Dittmar, an internationally renowned Certified Clinical Hypnotherapist, and one of the top-selling imagery guides in the U.S. With customized music scored to the voice at less than 74 beats per minute, it slows and calms the heart rate, and regulates the breath to produce a relaxation response in the physical body. This CD's music was exclusively created by Grammy Award-winning composer Tom Kellock. The use of chocolate is very creative and helps one to feel more playful while enjoying the state of relaxation that is evoked.

If you are looking for something a little different for your relaxation sessions – or you are looking for a gift for your friend who loves chocolate – this is certain to be a hit!

### The Dr. Pat Show ~ Talk Radio to Thrive By!

International Award Winning Host



**Dr. Pat Baccili**  
is creating powerful  
positive change -  
one listener at a time

KKNW 1150  
and 98.9 HD3  
M-F 10-Noon

[www.TheDrPatShow.com](http://www.TheDrPatShow.com)

The Dr. Pat Show is #1 in Seattle &  
#1 on VoiceAmerica.com

Change Your Life...Change Another's

Dr. Pat's  
Holistic  
Makeover™

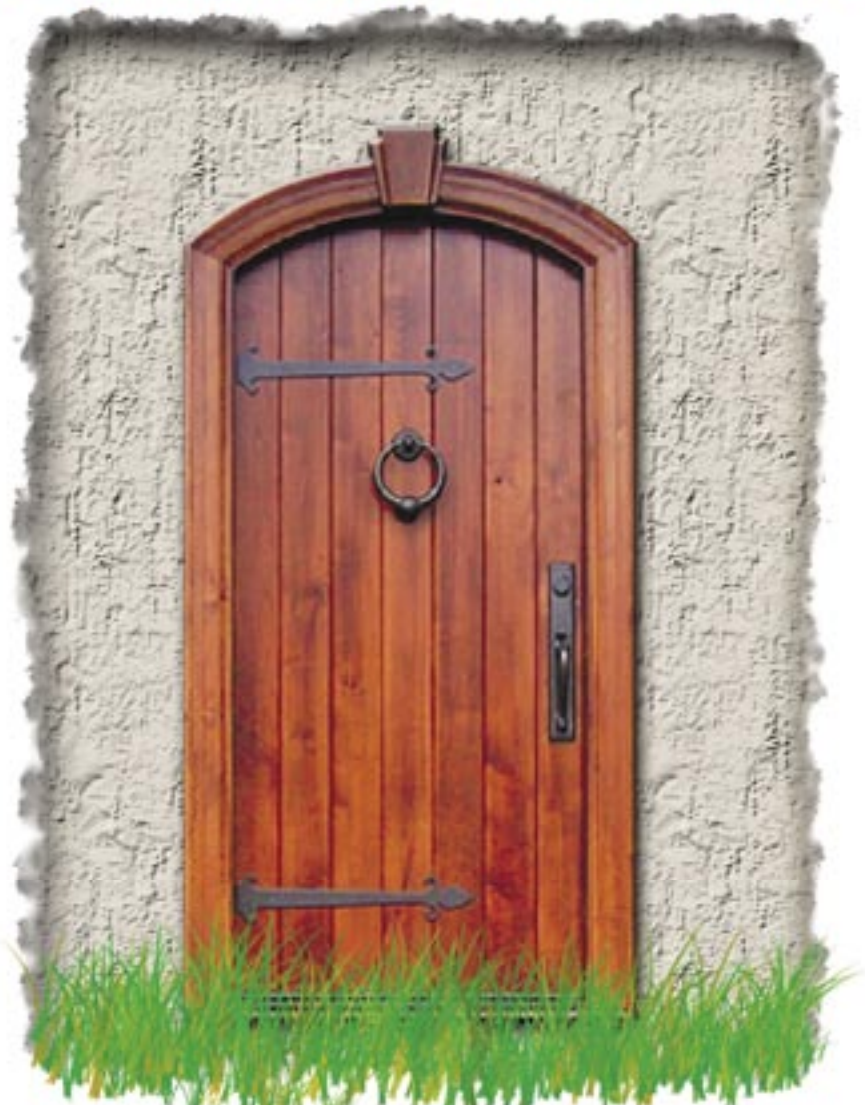
The Dr. Pat Show & the Dr. Pat Makeover team invite you to  
listen in and join us in a transformational journey - Aug & Sept 2008

[www.DrPatsMakeover.com](http://www.DrPatsMakeover.com)

Sponsored in part by ~

Kerrie O'Connor - Hay House - Phenomenal Memory - Cellular Wisdom  
NLP.com - Small Biz Sherpa - Aspire Magazine - Polaris Business Guides  
Infinity Flowers ...and many other enlightened companies

### Do You Know What's Behind This Door?



[WWW.MARGARETMCELROY.COM](http://WWW.MARGARETMCELROY.COM)