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I've Always Loved Music

by Vanessa

We all send out music, whether or not we are aware of it. Our whole being is made up of frequencies, which we receive from the universe, alter by thoughts, emotions, words, music, and transmit back into our surrounding world.

Ancient writings say that the words, "Let there be light," set the universe spinning, and that sound/music put things in order and held them there!

In his wonderful book, "Creating Affluence," Dr. Deepak Chopra says, "The word 'universe' literally means 'one song' (uni: one; verse: song). In this song, in this harmony, there is peace, laughter, joy, and bliss."

Can sound really be that powerful?

We already know that sound can break glass, cause avalanches, pollute (or sweeten) our atmosphere, and frazzle our brains and emotions. Medicine uses high pitched sound (ultrasound) to pulverize kidney stones and drill diseased teeth. Scientists are now agreeing to sound's impact on the brain, and declaring that certain ordered classical music — like the music of Bach, Mozart and Beethoven — can raise IQ, expand memory, and speed learning.

Years ago, as a singer, I started having reoccurring thoughts that every organ in the body had a unique frequency, and, I

could have a positive effect on diseased organs by simply singing the corrective pitch to it. To a highly trained, career-seeking operatic, Broadway-type singer, this sounded pretty fanatical. But, the fact of the matter was that people were reporting healings while seated in the audience at my concerts! Pretty cool!

One man came to me after a concert saying, "I saw my healing coming to me on the sound waves." Now *that's* exciting! I don't quite know how that happened, but I figured I had a tiger by the tail, and didn't really know what to do with it.

Imagine my joy when I began to find ancient tables that listed the known frequencies of healthy organs of the body (which I could translate into singable musical pitches), and ancient teachings that told me how to use the human voice to heal myself and others! Wow! They didn't teach me *that* in music school!

All of a sudden that tiger was *in* my tank, and I learned that I could release it at will to accomplish remarkable things. What's more, we all can. It is inborn in us for the using. We just have to "remember" how. The premise has now been medically

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Vanessa trains her students to use their voices responsibly since sound can have profound effects on the body.

(Photo by Manyshoes Photography)

The Quantum Vortex Experience: Connect With Higher Consciousness

by Judith Campanaro

Who can forget the holodeck on Star Trek? What a delightful way to take a vacation or have an adventure. Dr. Valerie Olmstead doesn't have a holodeck, but she does have a holographic projection room equipped with Andromedan holographic projectors. Yes, this does sound like something from a Star Trek movie but stay with us as we explain a little more about it.

Valerie has over three decades of experience in the medical field and she holds a doctorate in naturopathic medicine. She has dedicated her life to assisting others on their healing journey.

According to Valerie, "There is no other choice now, but to help as many people as possible." She has proven her words true as she travels the country sharing the quantum

vortex experience. Valerie says, "One of the most heartening things for me is seeing the connection to truth and love that people get when they go through the Golden Grid Connection initiation."

Judith: "How did you get started on your path with the vortex?"

Valerie: "I joined the BBS Radio Network as a talk show host in 2006. One of the guests I happened to interview was Dr. Fred Bell of Pyradyne. Dr. Bell has been working on various quantum tools for healing and attunement for years. When the first projector prototypes were built after several years of waiting for terrestrial science to make their assembly possible, Dr. Bell realized that he had stumbled on a new exciting science within the quantum holographic world.

"I was so intrigued by his work that I purchased several holographic projectors and

began exploring their vast potential. I got the message that I was to take the projectors on the road to allow people from all over to receive the amazing benefits of being "in the beam." I closed my private practice and I'm now traveling the US and Canada with the holographic projectors to share this wonderful experience with others."

Judith: "What is the quantum vortex experience?"

Valerie: "Basically the holographic projection is a room equipped with quantum physics devices. The devices are called Andromedan Holographic Projectors. When set up in the proper alignment, the devices open star gates to other galaxies and dimensions. In essence, we create a portal and ring the doorbell of the beings we are wishing to connect with and they respond.

"The quantum vortex experience is partici-

patory. You show up with your list of things you want to release from your life and things you want to make manifest in your life. We then open the star gate and call in everyone's guides, guardians, and teams. The mind-boggling part is that they all show up to help us.

"The major reason for me to bring this experience to you is higher consciousness connection. With our planet in such turmoil, we are all required to step up and do our part to complete our work now. What so many of our contacts are saying to us is that everyone must do what is in front of them, to do it in peace and love, as continuously as possible."

In April of this year, Valerie brought the vortex to The Academy of Spirit in

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