

Ads

CHURCHES & SPIRITUAL HOMES

OLYMPIA CENTER FOR SPIRITUAL AWAKENING. Creative Reality - Great Spirit - The Big Yes! - God/Goddess The Great I AM - Infinite Potential — whatever you call your Higher Power, you are welcome! Revealing Possibilities - Unleashing Potential, 11 a.m. Sunday Celebration, Nova Middle School, 2020 22nd Ave. S.E., Olympia; (360) 570-2112; www.csaolympia.com

WICCA: Aquarian Tabernacle Church, open to all. Free monthly Lunar celebrations, classes, other events. For more information call 360-793-1945. www.aquatabch.org.

UNITY CENTER FOR POSITIVE LIVING
800 S. Pearl, Centralia. Sunday services 10 a.m. A Course in Miracles, Monday 7 p.m., Wednesday 10 a.m. Book studies, classes, potlucks, free movies. Call for special events calendar. Rev. Reysha Silverhair (360) 330-0839 www.websyte.com/unity/centralia

If you like Deepak Chopra, Louise Hay, Eckhart Tolle, Gary Zukav, Wayne Dyer, and Marianne Williamson; You'll love our Faith, Philosophy, Way of Life...

CENTER FOR SPIRITUAL LIVING EASTSIDE. Sunday Service: 10:00-11:15 a.m., Friday Night Spirit Express: 7:30 p.m., 18102 102nd Ave. N.E. Bothell, WA 98011. www.csle.org • revsuzi@csle.org (425) 941-9717 • Rev. Suzi Schadle.

CENTER FOR SPIRITUAL LIVING, A Spiritual Community for your Spiritual Journey. Come enjoy our Sunday and Wednesday services, youth programs and adult programs. Sunday service: 8:25, 9:45 & 11:30 a.m., Wednesday service: 6:30 meditation, 7 p.m. service. 5801 Sand Point Way N.E., Seattle, WA 98105. (206) 527-8801; info@spiritualLiving.org; www.SpiritualLiving.org

MISCELLANEOUS

HAVE A PAPER ROUTE, meet new people! New Spirit Journal has a route available from time to time. If you have a reliable car and would like to explore this opportunity, contact Krysta at (206) 799-7753 or (425) 356-7237.

New Spirit Journal ad Deadlines:

Articles are due the first Friday of the month and ads are due the second Saturday of each month for the following month's issue

On The Bookshelf

Reviewed by Krysta Gibson

We All Have A Purpose for Being Here A Memoir

by Jean Hendrickson
Illumina Publishing

Jean is a local author, teacher, and healer who was very active in the Seattle spiritual community during the 1980s and 1990s. When she wrote her memoir, she asked me and a few other people to preview the book. Here is what I wrote about it.

If you have ever wondered how a spiritual teacher and leader got to where he or she is today, this book will be something for you to enjoy. Jean tells us her life story, and through the telling we learn about her spiritual processes, challenges, and journeys, and they have been many.

Her working life takes her through being a wife, mother, secretary, massage therapist, counselor, advocate, spiritual healer and teacher channel, minister, and wedding officiant. What a delightful model she provides for those who want to find their life purpose.

Some of the stories she tells about events coming together "just in time" are truly inspirational. In the latter part of the book, Jean shares some stunning spiritual peals and wisdom as well as offering personal daily routines and resources for other spiritual travelers to explore.

If you are ready to be challenged, if you are ready to be inspired, if you are ready to stand up and go about your life's work with a new vision and new energy, read this book!



tion is perfect for you. If you are already walking this path, you will find this material to be very supportive of your efforts. Shiela Baker has been walking and teaching this path for many years and this book is a distillation of her work.

She explains what shamanism is and then provides the tools for you to take your own journeys where you can ask for a spirit guide and then journey to the directions, as well as to meet male and female ancestors; and journey to the warrior, teacher, healer, magician, the upper world, lower world and to the center. Shiela shares her own experiences while giving you specific instructions for your own journeys.

The CD that accompanies the book gives some great background music for your journeys, some of which are

Living Consciously, Dying Gracefully A Journey with Cancer and Beyond

by Nancy Manahan and Becky Bohan
Published by Beaver's Pond Press

It seems that more and more spiritually-aware people — people who live holistic lifestyles, meditate daily, and who place their spirituality at the top of their list of important things — are experiencing a dance with cancer. This book will be of special value to these people, their families, and to others who are involved in any sort of serious illness.

The authors take us through Diane's five-year experience with breast cancer, the choices she and her husband made, and the remission of the disease only to have it return three years later, through her actual death and cremation and how she prepared for the experience. Diane was a professor of nursing who was married to a doctor trained in both conventional and holistic medicine. She incorporated many complementary therapies into her treatment.

This is not an easy book to read if you have a life-threatening illness yourself or if you have walked the death-path with a loved one. Some of Diane's actual journey entries are included which makes the book even more impactful and helpful.

It is a valuable book that gives insight, encouragement, and many ideas and support for those who wish to approach the experience of illness and dying in a conscious and loving way.

Practical Shamanism Bringing Spirit into Matter and Matter into Spirit

Book and CD
by Shiela Baker

If you have been thinking about exploring the world of shamanism and haven't yet connected with a group or teacher, this book and CD combina-



guided by the author, and others which provide the proper ambience without any vocal assistance.

This book and CD provide marvelous teaching and guidance for those who want to walk the shamanic path. Those with such interests would be well-served to use these tools.

The Entrepreneur's Toolbox How to Succeed in Your Small Business While Manifesting Your Destiny

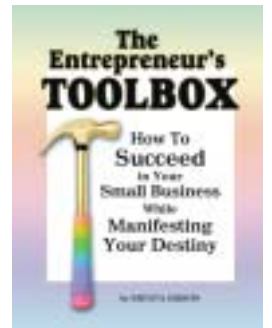
by Krysta Gibson

reviewed by Kathy Wilson

What a project this book was! As I read through it I became awed by the scope of this work and the lifetime of learning that preceded it. It's everything anyone would need or want before, during, and even after owning a business. Most of the programs that are available today focus on building a business, but Krysta covers some other very important areas, such as the possibility of having to get a job and what to do when your business becomes so successful you want to franchise it. Separating the sections into weeks was perfect because it gave me just the right amount of time to do the exercises and to absorb all the information.

I especially loved the client profile exercise, in which the target market is identified. I've been told to do this before, and have done it to some extent, but the exercise in this book took me much farther and opened up deeper awareness for me about my market. Plus the author then gave suggestions about how to use this information. Information is of no value unless it can be put to use, and then it becomes priceless.

If you have a small business or plan on starting one, grab a copy of this book. It is available through online ordering at the author's website, www.krystagibson.com or at many local bookstores.



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The Dr. Pat Show is the most listened to show on Seattle's #1 Alternative Talk Station-KKNW AM 1150!

You Won't Want to Miss these Shows!

Colette Baron-Reid and Dr. John Demartini

Colette Baron-Reid is an internationally acclaimed intuitive counselor, with a client base spanning 29 countries. Touring with Silvia Browne, Colette will be live in the studio and appearing in Seattle with Silvia on August 2nd.

Dr. John Demartini is a world leading inspirational speaker and author at the forefront of the burgeoning personal and professional development industry. John is one of the teachers in the movie, *The Secret*.

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