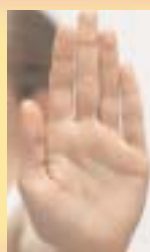




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# NEW Spirit JOURNAL

## Mastery for Everyday Life

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Helping You Create Abundance in Your Relationships, Finances, Health, Career, and Spiritual Life

### Meet Seattle's Dennis Dwyer, founder of Natural Law Life Center

by Kelly Carroll

Are you ready to be the master of your everyday life? I am. Mastery implies command of the circumstances involved. Command of the abundance available is possible. In this interview with Denny Dwyer, founder of Natural Law Life Center, I ask him to show us what is available and how we can be masters of our own abundant resources and thrive in our everyday life. Dennis is a clinical hypnotherapist and an internationally known healer and spiritual advisor. This ninth degree black belt grand master and inductee in the Martial Arts Hall of Fame is being what he speaks of, and it translates in his teaching.

*KC: Dennis, can you briefly tell us what you mean by Natural Law?*

DD: Simply put, Natural Law is the name I gave to distinguish the natural being of a person. That is, a person is complete and whole, regardless of acquired knowledge and evidence proving otherwise. Hold up your fingers in front of you. Count how many you have. We'll let that number represent your wholeness. Now close all but one. When you were young, you were told many things that invited you to turn your original abilities off. As you got older, you forgot you closed these fingers. You came to believe that you really don't have these abilities. You think something is missing in you, and

you will spend the rest of your life either protecting this thing that is missing or getting it back.

Look at your hands and tell yourself how many fingers you have. Whether the fingers are closed or open, you still have the same number of fingers you had at the beginning and you still have the same abilities you had when you were created a human being.

*KC: In describing Natural Law, you speak of the wholeness of who we truly are. Talk about that; tell us what is really available to our everyday living.*

DD: We are whole as in a fabric. There are no holes or tears. We are a continuous connection, a continuum; each part in communication with all others with nothing wrong or missing. In this fabric of wholeness and completeness there are mechanisms, totally intact, as in the beginning, that know how to create spaces, just as our lungs do, that invite the movement of resources we desire to be made visible in abundance in the doing world.

What we call our everyday living is actually our true desire's expression of itself in the doing world. Giving permission to all of our mechanisms to do what they really know how to do in a continuum restores our true and complete autonomy.

We are taught about human autonomy, but we are also taught that only certain human systems are

**Denny Dwyer disappearing time in a Natural Law class in Vienna Austria with Sigrid and Stephen.**

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## Living in the Flow

by Wayne Dyer

The Tao and water are synonymous according to the teachings of Lao-tzu. You are water; water is you. Think about the first nine months of your life after conception: You lived in, and were nourished by, amniotic fluid, which is truly unconditional love flowing into you; flowing as you. You are 75% water (and your brain is 85%), and the rest is simply

muscled water.

Think about the mysterious magical nature of this liquid energy that we take for granted. Try to squeeze it and it eludes us; relax our hands into it and we experience it readily. If it stays stationary, it will become stagnant; if it is allowed to flow, it will stay pure. It does not seek the high spots to be above it all, but settles for the lowest places. It gathers into rivers, lakes, and streams; courses to the sea;

and then evaporates to fall again as rain. It maps out nothing and it plays no favorites. It doesn't intend to provide sustenance to the animals and plants. It has no plans to irrigate the fields, to slake our thirst, or to provide the opportunity to swim, sail, ski, and scuba dive. These are some of the benefits that come naturally from water simply doing what it does and being what it is.

The Tao asks you to clearly see the parallels between you and this naturally flowing substance that allows life to sustain itself. Live as water lives, since you are water. Become as contented as is the fluid that ani-

mates and supports you. Let your thoughts and behaviors move smoothly in accordance with the nature of all things.

It is natural for you to be gentle, to allow others to be free to go where they're inclined to go, and to be as they need to be without interference from you. It is natural to trust in the eternal flow, be true to your inner inclinations, and stick to your word. It is natural to treat everyone as an equal. All of these lessons can be derived by observing how water, which sustains all life, behaves. It simply

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