

# Activating Your Human Potential

By Carol Ehlinger  
and Rose Anna Miller

Imagine if you woke up one morning and realized that you had abilities beyond your current understanding that were waiting to be integrated into your body. Once realized, these abilities would help you manifest anything you desired in your life, live a life without drama, create your ideal physical body, become immune to disease, and reverse the aging process. What would you do to achieve such remarkable changes?

All you would have to do is activate your dormant DNA. DNA activation is the process through which all such things are possible. Yes, you can actually change the blueprint of your life, your DNA. And in doing so, you expand your creative potential, provide access to your subconscious mind, and become more intuitive, clairvoyant, and begin to know the purpose of your life.

DNA is the blueprint of life and is located in every cell of the body. In addition to the chromosome's two-strand double helix of DNA, it has been discovered that there are at least an additional 10 etheric strands of DNA available to each human. New information indicates

that the additional DNA strands are unlimited only by your understanding and imagination. Scientists have identified the two-strand double helix but with powerful imaging machines, shadow DNA has been identified. The shadow DNA is additional DNA that must be activated for each individual to integrate it into their lives to be useful. By activating the additional strands of DNA, you will go from using only a small part of your brain and your physical and spiritual abilities to using much more and become the multi-dimensional person you came here to be.

DNA activation is our birthright. Our original divine blueprint is where we evolved from and to where we must return. We need not utilize scientific equipment or any other fancy methods to activate our DNA. We need only to use our own mind, body, and spirit systems to direct our mind to accept and activate our DNA fully. We are at a very important point in history because we have the ability to regenerate our original organic blueprint for health.

We are in the middle of an ascension cycle, which is the time continuum shift that has been reported since the Mayans. From now through 2012, the planet will be going through this time continuum shift. The earth

is changing. It is essential that we change as well or be left behind. The earth will be moving into the fourth dimension and for us to complete that ascension, we too must have our DNA activated to at least four strands. This is not meant to put fear in your reality, but as an impetus to change. A change that will not only work for you in the coming changes, but now as well.

**DNA activation will assist you in changing your life and ready you for the inevitable changes. DNA activation will remove energy blockages caused by lifetimes of emotional strife. It will increase your energy, your telepathic abilities, your creative abilities, and your ability to manifest. There will be no aspect of your life that will not be affected by the activation of your DNA.**

One requirement for activating your DNA is that you specifically request the activation. By making a specific request, you indicate that you are ready and prepared to accept this wonderful gift.

This is why we are here, why you are here. You are here to reach your highest human potential, to ascend to the next dimension and invite all who can hear and accept the change to come along with us, the angelic humans.

You may be asking if you are capable of completing this process. The answer is yes, you are capable. To receive the DNA activation the only requirement is that you request the DNA activation. To request the activation, meditate in whatever meditation method is comfortable for you. During that meditation request from the universe the DNA activation. It is this simple.

If you are seeking further information, there are several ways to research the DNA Activation process. Completing an Internet search for DNA activation through any search engine will elicit plenty of pertinent information. In addition, there is a wide variety of books, CDs, etc., that will assist in the activation process.

One caution: Be sure that any process you decide to use is in concert with you and your higher consciousness. The program should resonate with who you are and your own truth.


You may prefer to accomplish the DNA activation process with the help of a guide. You may ask for a guide or guides from the universal consciousness. There are also

many guides in human form that are willing to assist. The research you complete to acquire DNA activation information will also provide the names of people who can help you on your journey.

Our journey encompassed many different mediums. We utilized the Internet to find like-minded people. We utilized spiritual guides and human guides to assist the process. We also attended classes and seminars. We read many, many books and a great deal of print literature. We also completed an extensive amount of research to find our truth, our path. We know that you can do the same.

You will find the information. However, to be successful, your commitment must be whole and genuine. You can find and activate your highest human potential.

*Carol Ehlinger and Rose Anna Miller are Reiki masters and own Activation Associates that offers DNA Activation with the BASICS System. Contact them at: [www.activationassociates.com](http://www.activationassociates.com).*



A Gathering Grove  
Spiritual books, coffee,  
music and gifts.  
2820 Oakes Ave.  
Everett, WA 98201  
425-512-8845  
[agatheringgrove.com](http://agatheringgrove.com)  
Bring this ad in for 10% off  
new books and merchandise.

# Creating Miracles In Your Life

Continued from Page 5

If the answer is something else, obstacles will keep us from our dreams. But when we choose to be utterly committed to creating what we want, no matter what, obstacles melt away. What's important is what we're creating, not what's in the way. When our intensity and passion for creating our dreams is complete, obstacles disappear.

Keep in mind that our daily spiritual practices only

serve us if they prepare us to make these key choices about how we live the moments of our lives:

- Sincerely desire only what's best for yourself and everyone in your life, no matter what.
- Get clear about the essence of what you want.
- Believe that your miracle is real, even when it seems impossible.
- Stay focused on what you are creating and ignore anything that seems to stand in your way.

When we consistently make these choices, the unlimited creative power of divine love will transform our lives in extraordinary ways.

*Justin is the author of "Miraculous Living," which can be found on Amazon.com in the Kindle store and is also available to non-Kindle readers as a PDF file via e-mail, directly from Justin at [unconditionalliving@gmail.com](mailto:unconditionalliving@gmail.com).*



**GOOD COMPANY**

**Join us for lunch and good company!**  
[www.goodcompanylunch.com](http://www.goodcompanylunch.com)

This is a relaxed networking lunch where we gather to share great food and even greater company. We visit, network, and make referrals. Find out why some people say this is their favorite networking group!

**First Tuesday: April 7, May 5, June 2**  
**11:30 a.m. to 1 p.m.**  
**No reservations required. • No prepayment required**  
**Cost is the price of your lunch - the buffet costs \$7.50!**  
(Vegetarian available.)

**Chef Chen's**, 15704 Mill Creek Blvd. #9 Mill Creek, WA  
425-338-3300 (for directions only)

**For information about Good Company, call 425-356-7237 or 206-799-7753**

**A Monthly Gathering of People Of Positive Influence**

People of Positive Influence (PPIs) are those who are living their lives in such a way as to be a positive influence on the world around them. It doesn't matter what kind of work you do or where you do it. If you are helping to make the world a better place, if you are reading *New Spirit Journal*, you are a PPI! Join us for a monthly network gathering.

Sponsored by Krysta Gibson and Rhonda Dickson of *New Spirit Journal*

**Your body knows what it needs.**  
Finally, formulations for beauty, health, and well-being designed for you, based on confidential, genetic testing.

**For more info visit:**  
Or contact  
Teresa Rasmussen  
425-367-3785

[www.healthwithdna.com](http://www.healthwithdna.com)

We offer you a 90-day guarantee.  
Marketing opportunities available

There are now four chapters of the Washington State Holistic Chamber in the state of Washington. To learn more about the organization, to find out about upcoming events, or to see our membership directory, please visit [www.washingtonholisticchamber.org](http://www.washingtonholisticchamber.org) • 888-275-5604



**Have You Had a Spiritual Experience?**

- Prophetic dream
- Past life memory
- Out of body experience
- Intuition, direct knowing
- Coincidence, déjà vu
- Miracles: healing, protection

Have a conversation with others who have had spiritual experiences. Learn how to have more.

**Eckankar Regional Seminar Free Pass**  
Saturday, May 9th • [www.eck-wa.org](http://www.eck-wa.org)

**Natural Choice Directory**  
*"The Healthy Pages"*

425.373.1987 • [www.NaturalChoice.net](http://www.NaturalChoice.net)