

Bartholomew: Answers for An Evolving World

Channeled by
Kristina Bloom

Many of you are searching for a new way to be in your world, we are here to help you because you have asked us to be here. We speak with

love that only divinity — and therefore all of you — can speak from or to. We speak to the divine in each of you and we know that the holiest parts of you can hear us.

We speak of peace, of oneness, and of wishes for your

planet in this great time in human evolution. We call to the highest and deepest parts of every human being to live the divine truth of God's love. We ask you — all of you — to lay down your weapons and your anger and to embrace the

God that loves you all equally. And in embracing God embrace each other with compassionate, unconditional love.

This love of which we speak illuminates awareness of personal habits and inspires individual change,

causing peace to begin inside of each one of you.

The individual's process has its roots in personal ideology and philosophy which then must be applied in practical form to your own life. Self-honesty is required in order to view your own behavior and then to assess the degree to which you apply your ideology and philosophy in personal interactions.

We urge you to pay close attention to your feelings and words. Listen carefully to each word before it escapes your lips (and your grasp). Consider the effect that the words you are about to say would have for you if spoken to you. Then consider this: are you practicing your highest ideals and philosophy in that moment? Are you living

your highest vision of the sacred being that you are?

Peace on your earth will be accomplished when you can love your "loved ones," truly connecting without harsh judgments, and then, individually, expand that love all across the globe. World peace is not simply an absence of war, but the complete acceptance and tolerance of differences. Peace is understanding who "you" are, who "they" are and ultimately that "they" and "you" are one divine loving energy in sacred creation.

Blessings.

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Electro Magnetic Therapy

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The United States, however, is the only industrialized country that has not approved these devices for in-home use.

Some people don't like the idea of using electro magnetic energy to power their healing process; it doesn't seem natural. The molecules in the body don't care about such matters. They thrive on energy, be it electro-magnetic, nutritional or spiritual. Even healers who use the PEMF device have noticed a difference when they work with clients. They have more energy to pass to others, and their own system is in a

greater state of coherence.

Using the PEMF device every day helps me replace energy expended via my body, mind, and emotions. When I'm on the device I can tell within seconds if my energy level is depleted and in need of recharging. And I've noticed that emotional upsets drain away much more energy than a tough physical task or even an illness.

If I perform a physically demanding chore around the house or yard I simply put some extra time on the device. While "charging up," I can be mediating, listening to music, reading, or watch-

ing TV (preferably something uplifting or funny). I love having my own wellness center right in the comfort of my own home.

PEMF therapy also promotes and boosts the efficiency of foods, supplements and even other healing modalities. Acupuncture, reiki, and chiropractic treatments that have lost some of their effectiveness find renewed efficacy when combined with the PEMF device.

I imagine that one day (soon?) people will have some type of energy therapy device in their homes to use as a primary healing modality. Like a futuristic scene out of Star Trek, we will be healing and renewing ourselves with energy.

Ted Neff is one of ten people in the world who has advanced training on PEMF technology. With his wife Stephanie, they run Edmonds Wellness. They can be reached at EdmondsWellness1@aol.com, (425) 778-5215 or www.EdmondsWellness.com

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